

## 100 metre , Time :10:52

### Heat : 1 Wind = 1.4

Rank	ID	Name	Team	Area	Cat	Result	Info
1	82	Dan Cook	PAC		54	17.64	
2	138	Ben Rowlings	IND		34c	27.12	
3	97	James Freeman	VWR		33	30.44	

### Heat : 2 Wind = 2.0

Rank	ID	Name	Team	Area	Cat	Result	Info
1	61	Vicky Bell	EH		34	26.12	
2	117	Doaa Shayea	CoPI		54	26.81	

### Heat : 3 Wind = 1.8

Rank	ID	Name	Team	Area	Cat	Result	Info
1	78	Fiona Clarke	BR		38	16.08	
2	87	Kelly Hutchins	Bath		37	16.23	
3	143	Shannon Wallace	Ind		35	19.79	
4	124	Eleanor Hubbert	WRR		36	19.86	
5	139	Catherine Steels	SAC		36	26.77	

### Heat : 5 Wind = 1.7

Rank	ID	Name	Team	Area	Cat	Result	Info
1	160	Rhys Jones	FDSW		37	12.73	
2	144	Matthew Whitehead	DAC		cl	13.72	
3	147	Thomas Wilson	Notts		36	14.13	
4	135	Marcus Pidgley	PAC		36	14.20	

### Heat : 6 Wind = 2.1

Rank	ID	Name	Team	Area	Cat	Result	Info
1	162	Jordan Howe	FDSW		35	14.01	
2	62	Rob Page	Har		37	15.70	
3	98	Jack Gambrill	Bed		40	16.73	
4	84	Archie Creese	G		37	18.81	
5	130	Roger Morris	SAC		36	27.27	

## 1500 metre , Time :11:33

### Heat : 1

Rank	ID	Name	Team	Area	Cat	Result	Info
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Timing hardware and software : TimeTronics, Belgium

www.timetronics.be

Software version : MM2008j

1	144	Matthew Whitehead	DAC	cl	5:41.82
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**400 metre , Time :12:31****Heat : 1**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	82	Dan Cook	PAC		54	67.05	
2	138	Ben Rowlings	IND		34c	1:46.71	
3	97	James Freeman	VWR		33	2:18.23	

**Heat : 2**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	61	Vicky Bell	EH		34	1:52.72	
2	117	Doaa Shayea	CoPI		54	2:17.43	

**Heat : 3**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	133	Nicholas Marsh	NSAC		38	66.44	
2	147	Thomas Wilson	Notts		36	69.06	
3	74	Thomas Minchington	YO		37	73.54	
4	120	Jeremy Helm	HH		37	77.57	
5	73	George Bull-McLean	AA		36	1:57.33	
6	145	Helen Williams	AbVal		36	1:58.38	

**200 metre , Time :13:32****Heat : 1 Wind = 2.5**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	61	Vicky Bell	EH		34	50.31	
2	117	Doaa Shayea	CoPI		54	60.31	

**Heat : 2 Wind = 3.6**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	82	Dan Cook	PAC		54	30.73	
2	138	Ben Rowlings	IND		34c	49.19	
3	97	James Freeman	VWR		33	61.40	

**Heat : 3 Wind = 5.1**

Rank	ID	Name	Team	Area	Cat	Result	Info
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1	78	Fiona Clarke	BR	38	33.85
2	87	Kelly Hutchins	Bath	37	34.51
3	124	Eleanor Hubbert	WRR	36	44.06
4	139	Catherine Steels	SAC	36	87.45

**Heat : 4 Wind = 4.7**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	160	Rhys Jones	FDSW		37	26.03	
2	144	Matthew Whitehead	DAC		cl	28.98	
3	135	Marcus Pidgley	PAC		36	30.32	

**Heat : 5 Wind = 3.5**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	162	Jordan Howe	FDSW		35	29.28	
2	74	Thomas Minchington	YO		37	30.58	
3	73	George Bull-McLean	AA		36	55.28	

**800 metre , Time :14:40****Heat : 1**

Rank	ID	Name	Team	Area	Cat	Result	Info
1	133	Nicholas Marsh	NSAC		38	2:43.03	
2	120	Jeremy Helm	HH		37	2:58.33	
3	73	George Bull-McLean	AA		36	4:50.59	