

CP Sport National Track Records

19.12.11

MALE						FEMALE		
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
20m								
Class 2	A	Adam Harding	23.20	NW	93			
	B	Andrew Fawcus	14.38	NE	95			
	C	Joe Ayton	22.16	NE	97			
	D	Stephen Barlow	38.00	NW	00			
	E	Don Smith	11.21	NE	89	Claire Jay	15.10	SW
Class 3	A	Kurt Matthews	22.20	NW	95	Lisa Aslam	17.56	NW
	B	Michael Llewellyn	13.16	NE	97	Gemma Hall	14.48	NE
	C	Michael Llewellyn	13.60	NE	99	Gemma Prescott	9.50	NW
	D	Andy Douglass	13.10	NW	98	Catherine Chapman	40.87	NE
	E	Michael Reid	11.44	NE	89	Lesley McFarlane	10.21	NE
50M WEAVE								
Class 1	A	Andrew Bogle	34.70	NW	93	Rhonda Dodds	30.80	NE
	B	Graham Irwin	41.00	NE	99	Kathryn Holmes	31.49	NE
	C	Ashley Harrison	33.40	NE	00	Margaret Davies	34.00	NE
	D	Sean Hartwright	29.43	NE	94	Zoe Edge	21.70	Mid
	E	Terry Hudson	20.30	Mid	89	Zoe Edge	21.70	Mid
Class 2	A	Steven Pawley	1.05.31	NE	92	Lauren O'Neil	52.90	NW
	B	Andrew Donachy	30.79	NE	94	Jan Wilson	49.79	NE
	C	Bernard Doolan	29.90	Nat	97	Lindsey Gallagher	42.10	NW
	D	Trung Nguyen	38.40	Nat	96			
	E	Richard Lovett	25.11	SE	88	Sandra McKeith	31.44	Nat
Class 3	A					Lisa Aslam	52.46	NW
	B	Jason Calvert	29.80	NE	92	Lisa Aslam	50.07	NW
	C	Jason Calvert	24.41	NE	92	Gemma Prescott	30.40	NW
	D	Andrew Copeland	25.25	NW	92	Diane Mason	1.00.30	NW
	E	Jonathan Pullin	19.03	NE	98	Lorraine Duckering	22.50	Nat
60m								
Class 2	A	Alex Collings-Walter	26.30	Mid	98			
	B					Lauren O'Neill	1.51.1	NW
	C	Bernard Doolan	26.60	Nat	97	Sarah Dunster	57.70	Mid
	D	Glenn Miller	24.00	NW	94	Sarah Dunster	21.50	Nat
	E	Glenn Miller	23.50	Nat	94	Sarah Dunster	21.50	Nat
Class 3	A	Harry Withers	19.50	Nats	05	Lisa Alsam	54.10	NW
	B	John Morgan	35.90	NW	96	Gemma Hall	25.63	NE
	C	Stuart Fallas	17.80	Mids	06	Alison Cox	27.40	Nat
	D	Stuart Fallas	19.60	Nott	07	Gemma Prescot	25.30	NW
	E	Paul Williams	14.90	Nat	89	Lorraine Duckering	15.50	Nat

MALE					FEMALE			
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
60m								
Class 4	A							
	B	Jonathan Silcock	27.60	NW	97	Lisa Kirkland	23.40	Mid
	C					Lisa Kirkland	18.50	Nat
	D	Dylan Gladdon	22.50	NW	94	Joanne Millerman	23.70	NW
	E	Gary Chapman	13.08	NE	90	Gillian Conway	18.08	NE
Class 5	A	Jack Foster	9.86	Nats	08	Kathryn Nicholas	17.04	NE
	B	Suleyman Ganidagli	16.64	Nats	09	Nicole Salt	14.56	NE
	C	Stephen Carson	10.10	Nat	97	Shannon Wallace	12.89	Gates
	D	Stephen Carson	10.20	NW	00	Natalie Gower	12.90	Nat
	E	Robin Maidment	9.30	SW	91	Claire Pearce	12.90	NE
Class 6	A	Sam McCorkell	10.80	Mids	06	Madeline Baker	15.70	Mid
	B	Sam McCorkell	11.02	Nott	08	Serenity Howell	13.00	Nats
	C	Rhys Jones	8.91	Nats	09	Shannon Wallace	12.50	Yate
	D	Marcus Pidgley	9.78	U23	09	Hazel Hughes	12.10	NW
	E	Jonathan Rowell	8.92	NW	92	Amanda Kyffin	10.78	Nat
Class 7	A	James Brookman	11.70	Nats	05	Naomi Tudge	15.16	NE
	B	Craig Griffiths	11.16	NE	97	Bethany Woodward	11.10	SE
	C	James Brookman	10.28	Nott	08	Kim Clifford	14.40	Peri
	D	Mark Brookes	9.00	Nats	05	Sarah Thompson	12.20	NW
	E					Louise Brett	11.27	Nats
Class 8	A	Stephen Carson	15.70	NW	94	Madeline Baker	16.80	Mid
	B	Stephen Carson	15.00	NW	95			
	C	Joshua Taylor	9.51	Nats	11			
	D	Daniel Norton	8.70	Nats	08			

MALE					FEMALE			
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
100m Petra								
Class 2	C							
	D							
	E	Nick Bister	21.27	Den	05			
100m								
Class 2L	A							
	B							
	C					Sarah Dunster	1.09.5	Nat
	D					Sarah Dunster	33.80	Nat
	E	Steve Gardiner	37.07	SE	88	Sarah Dunster	29.94	Conn
Class 2U	A							
	B							
	C							
	D							
	E					Lindsay Wright	37.67	RHG
Class 3	A	Harry Withers	30.70	SE	06			
	B	Harry Withers	32.60	Nott	08	Marie Clarke	1.04.16	U19
	C	Martin Conway	25.40	Nat	96	Alison Cox	43.90	U19
	D	Martin Conway	21.80	SE	99	Katherine Langton	25.00	Wigar
	E	Paul Williams	20.71	DAI	98	Lorraine Duckering	23.00	Gates
Class 4	A							
	B	Isaac Towers	25.71	Nats	11	Lisa Kirkland	39.70	Mid
	C	Matthew Hickling	20.87	Nott	08	Lisa Kirkland	29.00	RHG
	D	Matthew Hickling	18.80	Peri	10	Hannah Cockroft	19.80	Per
	E	Leslie Allison	18.40	Gate	00	Deborah Brennan	19.74	Lille
Class 5	A	Jack Foster	15.41	Nat	08	Kathryn Nichols	29.75	NE
	B	Nathan Pilkington	20.70	Nats	05	Nicole Salt	23.41	NE
	C	Richard White	14.30	NW	97	Jeni Meehan	18.02	Nat
	D	Lloyd Upsdell	13.50	Mid	00	Poppy Howell	19.53	Nats
	E	Richard White	12.90	Mids	05	Sophia Warner	18.07	Nats
Class 6	A	Sam McCorkell	17.61	Lough	06	Madeline Baker	26.60	Mid
	B	Lee Hunter	14.40	Mid	03	Serenity Howell	20.70	Nott
	C	Rhys Jones	13.64	Nats	09	Hazel Robson	17.02	Nat
	D	Ben Rushgrove	12.64	NW	06	Hazel Robson	15.35	NE
	E	Graeme Ballard	12.20	Nott	07	Hazel Simpson	14.90	Wigar
Class 7	A	James Brookman	19.20	Nats	05	Cambell Plant	23.40	Nott
	B	Gary Sanderson	17.20	NW	00	Amy Wareing	16.43	Nat
	C	Thomas Smith	14.08	Nats	09	Katrina Hart	15.30	Nats
	D	Michael Churm	12.50	NW	00	Katrina Hart	14.49	Man
	E	Michael Churm	12.00	NW	06	Katrina Hart	14.84	Czech
Class 8	A	Stephen Carson	28.10	NW	94			
	B	Stephen Carson	24.70	NW	95			
	C	Alex Teasdale	12.90	Preston	11	Esther Cruice	15.13	Para
	D	Ian Riley	12.44	Eur	03	Esther Cruice	15.20	Mid
	E	Ian Riley	12.42	Mid	88	Beverley Jones	14.52	Cann

MALE					FEMALE			
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
200m								
Class 7	A							
	B	Scott Jones	30.98	Nats	11	Samantha Hughes	35.50	Nat
	C	Jamie Harding	29.70	Nats	05	Katrina Hart	32.80	nats
	D	Mark Newton	26.10	Nat	94	Bethany Woodward	31.31	Tunis
	E	Michael Churm	25.02	Man	06	Katrina Hart	30.87	Czech
Class 8	A							
	B	Carl Young	32.00	Nat	91			
	C	Alex Teasdale	27.30	Wigan	10	Esther Cruice	30.74	Par
	D	Ian Riley	27.60	Sheff	00	Esther Cruice	31.47	Ber
	E	Stephen Payton	24.65	Nott	08	Esther Cruice	30.74	Par
400m								
Class 2								
	C							
	D							
	E	Nick Bister	1.01.0	Wigan	03			
400m								
Class 2L	A							
	B							
	C							
	D					Sarah Dunster	2.29.82	RHG
	E	Steve Gardiner	2.49.00	Nat	87	Sarah Dunster	2.06.23	Nott
Class 2U	A							
	B							
	C							
	D							
	E					Lindsay Wright	2.49.35	RHG
Class 3	A							
	B	Karl Brown	2.23.6	NE	00			
	C	Martin Conway	1.31.5	Nat	96			
	D	Martin Conway	1.20.12	Holland	99	Lorraine Duckering	1.24.30	Mid
	E	Martin Conway	1.16.52	Nott	01er	Lorraine Duckering	1.24.30	Sheff
Class 4	A							
	B	Isaac Towers	1.25.78	Nats	11			
	C	Matthew Hickling	1:23.60	Nott	08	Lisa Deacon	4.25.0	Mid
	D	Matthew Hickling	1.05.11	Gates	10	Hannah Cockroft	1.03.97	Gates
	E	Leslie Allison	1.07.74	Holland	99	Deborah Brennan	1.07.68	Lille
Class 5	A							
	B	Aidan Cosgrove	2:05.9	Yate	09	Poppy Howell	1.40.65	Nat
	C	Jonathan Rowell	1.12.90	U19	92	Poppy Howell	1.37.80	Wigan
	D	Richard White	1.06.88	EO	99			
	E	Richard White	1.06.88	EO	99	Sophia Warner	1.46.6	Peri

MALE					FEMALE			
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
400m								
Class 6	A							
	B	Lee Cartmell	1.44.20	Nats	11	Serenity Howell	1.58.0	Nott
	C	Daniel Norton	1.05.1	Nats	05	Louise Knight	1.43.6	Nat
	D	Lee Hunter	1.01.3	Nat	05	Hazel Robson	1.24.2	Mids
	E	Graeme Ballard	57.880	Wigan	11	Hazel Robson	1.21.86	Sydney
Class 7	A							
	B							
	C	Jamie Harding	1.03.8	Nats	05	Samantha Hughes	1.26.6	Mid
	D	Mark Newton	1.00.36	SGF	95	Bethany Woodward	1.13.80	Per
	E	Derek Malone	56.23	Nott	08	Jenny McLoughlin	1.13.97	Nat
Class 8	A							
	B	Carl Young	1.12.40	Nat	91			
	C	Carl Simmons	1.20.30	NW	97	Esther Cruice	1.09.92	Par
	D	Steven Leigh	58.500	Nat	06	Esther Cruice	1.10.26	Ber
	E	Stephen Payton	54.250	Nott	08	Esther Cruice	1.08.35	EA
800m		Petra						
Class 2	E	Nick Bister	3.21.0	Mids	06			
800m								
Class 3	A							
	B							
	C							
	D	Martin Conway	2.50.32	Holland	99			
	E	Paul Williams	2.44.83	Ber	94er	Lorraine Duckering	3.06.11	Holland
Class 4	A							
	B							
	C							
	D	Matthew Hickling	2:28.14	PSC	09	Deborah Brennan	2.42.5	Nat
	E	Marcus Asbury	2.29.04	SFG	95	Deborah Brennan	2.16.99	Nottm
Class 5	A							
	B					Poppy Howell	4.10.2	Nott
	C							
	D	Jordan Jackson	3.22.66	Nats	10			
	E	David James	2.49.70	SFG	95			
Class 6	A							
	B	George Bull Mclean	4.32.10	Nats	11			
	C							
	D	David Padgen	3.07.70	Mid	91			
	E	Paul Blake	2:18.79	PSC	09	Helen Williams	3.56.60	Wigan
Class 7	A							
	B							
	C	Lewis McDougall	3.23.6	Mid	99			
	D	Steven Leigh	2.15.2	Nat	06			
	E	Phil Lee	2.17.2	Bel	07			

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	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
800m								
Class 8	A	Lewis Marsh	3.23.30	Nat	04			
	B							
	C							
	D	Steven Leigh	2.15.2	Traff	06			
	E	John Nethercott	2.11.13	Para	96	Brenda Woodcock	3.04.90	Nat
1500m								
		Petra						
Class 2	E	Nick Bister	6.35.4	Wigan	11			
1500m								
Class 3	A							
	B							
	C							
	D	Martin Conway	5.41.9	Nat	98			
	E	Paul Williams	5.41.08	Mid	98			
Class 4	A							
	B							
	C							
	D	Paul Simmons	6.08.80	Nat	91			
	E	Paul Simmons	6.08.80	Nat	91	Deborah Brennan	4.16.31	Birm
Class 5	A							
	B							
	C							
	D	Jordan Jackson	7.02.8	Nat	10			
	E	Ian Calder	6.04.00	Nat	87			
Class 6	A							
	B							
	C							
	D							
	E	Paul Blake	4:52.53	Gates	09			
Class 7	A							
	B							
	C							
	D	Dean Miller	4.48.00	Nats	06	Sophie James	6.22.70	Nats
	E	Stephen Cooper	4.45.65	Sydney	99			
Class 8	A							
	B							
	C							
	D	Nicholas Marsh	5.19.15	Nats	11			
	E	John Nethercott	4.26.89	Para	96er	Susan Hampton	6.51.4	Nats

MALE					FEMALE			
	Age	Name	Distance/	Place	Year	Name	Distance/	Place
	Grp		Time				Time	
3000m								
Class 6	E	Alistar Rayment	11.31.93	Peri	11			
5000m								
Class 3	A							
	B							
	C							
	D							
	E	Paul Williams	23.46.7	Nat	90			
5000m								
Class 4	A							
	B							
	C							
	D							
	E	Darren Cowley	27.19.80	Nat	90			
Class 5	A							
	B							
	C							
	D							
	E	Ian Calder	23.23.2	RHG	89			
Class 6	A							
	B							
	C							
	D							
	E	Alistar Rayment	20.22.71	Nott	10			
Class 7	A							
	B							
	C							
	D	Steven Leigh		Mids	03			
	E	Craig Carscadden	18.26.25	Bel	96			
Class 8	A							
	B							
	C							
	D							
	E	John Nethercott	16.41.88	DAI	98			
	E	John Nethercott	17.02.39	Bir	98wr			

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