

National CP Championships

This year the National CP Championships will be held for the first time using IPC classification.

The events will be as below for all classes: -

Event
50 free
100 free
200 free
50 breast
100 breast
50 back
100 back
200 IM

Maximum of 5 events may be entered.

Minimum age 12 years on 31.12.08.

All races will be swum as time banded with results re-sorted according to class.

The medal system has changed from one of place in a class to one **based on time**.

Medals will be awarded according to a minimum achievement time within each class. The achievement times will be published at the start of the Championship.

Example below: -

The Class 4 swimmer would get silver even if they came first out of three, and the next swimmer would have to achieve at least 01.12.56 in order to receive the bronze.

The Class 7 swimmer would get gold even if only swimmer in the class.

Event	Class	Time recorded	Gold	Silver	Bronze
50 free Male	1		02:51.29	02:59.85	3:08.42
	2		01:58.00	02:03.90	02:09.80
	3		01:22.79	01:26.92	01:31.69
	4	01.08.51	01:05.96	01.09.26	01.12.56
	5		00:58.21	01:01.12.	01:04.03
	6		00:53.26	00:55.92	00:58.59
	7	00.45.71	00:49.62	00:52.10	00:54.58
	8		00:47.23	00:49.59	00:51.95
	9		00:45.70	00:47.98	00:50.27
	10		00:42.82	00:44.96	00:47.10

There is classification at this event but an immediate request is essential. Swimmers requesting classification must be on the British Swimming waiting list.

(<http://www.sportcentric.com/vmgmt/vfilemgmt/page/filedownload/1,820,2,5157-51138-122349-0-file,00.pdf>) Classification cannot be guaranteed.

CP Sport National Championships

Nottingham University Pool 15th June 2008

Warm up 10am
Start time 11am

Entry form

Name.....

Address.....

.....

Telephone

Class S..... SB.....SM.....

Classification request.....

Epilepsy Yes/No

Event	Class	Entered time
50 free		
100 free		
200 free		
50 breast		
100 breast		
50 back		
100 back		
200 IM		

Entries by 2nd May 2008. **No late entries accepted**

Please return entry form to:
Sue Todd
CP Sport
Unit 5 Heathcoat Building
Nottingham Science and Technology Park
University Boulevard
Nottingham
NG7 2QJ

