Greetings!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport!

Over the last month we have had a number of events including the Swimming and Athletics Training Day and Cerebral Palsy Sport Awards that took place on World CP Day in Nottingham and a SportStart Day delivered in Huddersfield. Find out more about these events below.

In October and November we have the Worcester Swimming Development Gala, A SportStart Day in Grantham and a CP and Sport Awareness Workshop here at our office in Nottingham. Find out more about these events below.

**Swimming and Athletics Training Day**

This year’s training day was held at Harvey Hadden Sports Village on World CP Day. To mark the occasion, participants, staff and volunteers were asked to wear something green.

**Cerebral Palsy Sports Awards 2018**

Last Saturday we held the 2018 Cerebral Palsy Sports Awards on World CP Day at Harvey Hadden Sports Village in Nottingham. A total of 17 awards were presented to athletes, coaches, volunteers, fundraisers as well as clubs and organisations that have either achieved great things or made a significant contribution to support people with cerebral palsy to have the opportunity to participate in sport.

**Cerebral Palsy Sport inducts Paralympians into**
Hall of Fame

Paralympic athletes Stephen Miller MBE and Graeme Ballard have been inducted into Cerebral Palsy Sport Hall of Fame.

CP Sport CEO, Ali Talbot said: "Stephen is a true ambassador for para athletics, club throwing and for Cerebral Palsy Sport. Stephen still takes part in our athletics series events and is incredibly encouraging to younger athletes who may be starting their sporting journey or taking part in an event for the first time."

"We are delighted to be able to honour Graeme’s remarkable para athletics career and all his achievements by inducting into our Hall of Fame."

Find out More

RaceRunning

RaceRunning Start Session in Cambridge

A RaceRunning start session was held in Cambridge on Wednesday 10th October. The session was organised between CP Sport, Living Sport and Cambridge and Coleridge Athletics Club. A total of 10 participants attended the session, with people from the local area and also some people who traveled up from Essex.

Find out more

Swimming

Worcester Swimming Development Gala

As part of our 2018 Swim Series, our next Swimming Development Gala will be taking place on Saturday 20th October at Perdiswell Leisure Centre, Worcester.

These events are to give children and adults with cerebral palsy and physical disabilities the opportunity to get a taste of competitive swimming in a relaxed environment.

Find out more

Sport Start

SportStart Day Delivered in Huddersfield

Friday 28th September saw a successful event at Longley Tennis Club in Huddersfield. The clubs that delivered at the event were fantastic and adapted their sessions accordingly to cater for different ages and abilities. We had 6 different
sports available at the SportStart which were Football, Boccia, Multi-Sport, Rugby, Gymnastics and Tennis.

SportStart multi sport day coming to Grantham

Why not try our fun multi-sport session for children and adults with cerebral palsy and associated physical disabilities. Try new sports and meet coaches from local clubs. No experience or equipment needed!

CPD Courses

Our next Cerebral Palsy and Sport Awareness Workshop will take place on Thursday 29th November at our offices in Nottingham. The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with Cerebral Palsy Sport

Resources

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what is involves.

You can purchase the following resources from our online shop

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6

All prices above include VAT and delivery and we offer 10%
Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

Boccia Equipment

We have a great range of boccia equipment available in our online store from mini boccia sets through to referee equipment. For more details click on the links below:

- Complete Mini Boccia Set
- Superior Classic Boccia Set
- Boccia Referee Equipment

Organisation Members

Our Funders