Greetings!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport!

Over the previous month we have been very busy at the 2018 CPISRA World Games in Sant Cugat, Spain. See below for more information.

The deadline for nominations for the 2018 CP Sports Awards are fast approaching. If you know of somebody that you feel deserves to be recognised make sure you nominate them by **Monday 17th September 12pm**.

In September and October we have a number of events including RaceRunning Taster Sessions, a Frame Football Development Day, a SportStart event and the Athletics and Swimming Training day. Find out more about these events below.

### Swimming and Athletics Training Day

We are hosting a Swimming and Athletics Training Day on Saturday 6th October at Harvey Hadden Sports Complex in Nottingham.

The training day will consist of a seminar and training sessions for both swimming and athletics and will provide a great opportunity for the athletes to get to know each other.

The Cerebral Palsy Sport AGM and Awards evening will be held straight afterwards from 3.15pm – 5pm.

### Cerebral Palsy Sports Awards 2018

Make sure you get your nominations in for the CP Sports Awards 2018. If you would like to make a nomination please use the button below. The award categories are:

- Sports Achiever of the Year (Football, Cricket,
Athletics and Swimming

Sports Volunteer of the Year
Coach of the Year
Sports Club of the Year
Official of the Year

Additional awards that will be presented on the day are; The Andrew Stubbs Trophy, Swimmer of the Year, Colin Rains Trophy for Endeavour, Fundraiser of the Year, Young Fundraiser of the Year, and Lifetime Achievement Award.

Deadline for nominations is Monday 17th September 12pm

Athletics

CP Sport National Athletics Championships 2018

The CP Sport National Athletics Championships 2018 took place on Saturday 1st September at Doncaster Athletics Stadium with 43 athletes taking part in a range of track and field events. Congratulations to everybody who took part and our series winners:

Senior Athletics Series 2018 Winners

- Male Track: Matthew Humphreys
- Female Track: Beth Moulam
- Male Field: Tyrone Williams
- Female Field: Leanna Horne

Under 20’s Athletics Series 2018 Winners

- Male Track: Thomas Talbot
- Female Track: Natasha Settlelen
- Male Field: Thomas Conroy

CP Sport Athletics Guest Series winner 2018

- Field: Abigail Birch

To see the full event report and results click the link below

Football

Frame Football Development Day

We have our next Frame Football Development Day taking place on Sunday 30th September at The National Football Centre, St Georges Park. If you have never played frame football before and would like to try it or if you currently play and want to come along with your team please book your place now.
Frame Football – A new way to play the beautiful game

The Frame Football resource ‘A new way to play the beautiful game’ contents include:
- Understanding different types of Cerebral Palsy
- Introduction to Frame Football
- Equipment
- Guidelines for coaches
- Example activities

Resource Target Audience: Football Clubs, Football Coaches, Physiotherapists, Occupational Therapists, Parents/Guardians, Qualified Teachers and Teaching Assistants and anyone wanting to know more about Frame Football.

RaceRunning

RaceRunning taster session in Leicestershire

If you would like to give RaceRunning a go, why not come along to our next taster session on Friday 28th September, where we will be supporting Leicestershire Wheels for All. We will be taking a range of RaceRunners along to the session for participants to come along and try.

The session is free to attend, no need to book just come along.

RaceRunning Start Session in Cambridgeshire

Our next RaceRunning Start session is taking place at Cambridge University Athletics Track on Wednesday 10th October. Make sure you book your place now to give RaceRunning a go.

Learning Resource

An Introduction to RaceRunning resource to support the development of the new sport across the country.

RaceRunning has been developed for children, young people
and adults who cannot functionally run and rely on support aids for mobility and balance.

Swimming

Worcester Swimming Development Gala

As part of our 2018 Swim Series, our next Swimming Development Gala will be taking place on Saturday 20th October at Perdiswell Leisure Centre, Worcester.

These events are to give children and adults with cerebral palsy and physical disabilities the opportunity to get a taste of competitive swimming in a relaxed environment.

SwimStart DVD Resource

Cerebral Palsy Sport has produced a DVD learning resource for swimming teachers, coaches, parents, companions, occupational therapists and physiotherapists as an introduction to swimming with cerebral palsy.

Sport Start

SportStart multi sport day coming to Grantham

Why not try our fun multi-sport session for children and adults with cerebral palsy and associated physical disabilities. Try new sports and meet coaches from local clubs. No experience or equipment needed!

World Games

Huge success at the CPISRA World Games

Team CP England took on the world at the CPISRA World Games.
Games and came out on top with 110 medals including 44 golds, 36 silvers and 30 bronze more than doubling their closest rivals Poland who finished with 51 medals.

Lisa Morton-Smith, Chef De Mission for Team CP England said: “The Games were a fantastic opportunity for all Team CP England athletes. Not only did most experience international competition for the first time, they made friendships and memories that will last a lifetime. Topping the medal table was an extra credit to how hard each athlete had worked prior to and during the games. I am incredibly proud of each and every one of the team”.

Find out more

### CPD Courses

Cerebral Palsy and Sport Awareness Workshop will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with CP Sport

Book onto a course

### Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

### Boccia Equipment
We have a great range of boccia equipment available in our online store from mini boccia sets through to referee equipment. For more details click on the links below:

- Complete Mini Boccia Set
- Superior Classic Boccia Set
- Boccia Referee Equipment

See our full range