



Cerebral Palsy Sport
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Supporting people with cerebral palsy to reach their sporting potential!

Issue #10

Sports Development Newsletter

Hello and welcome to the Cerebral Palsy Sport Newsletter.

This newsletter will give you updates from all the Cerebral Palsy Sport Programmes and lots of information on our upcoming events.

We also have some exciting opportunities for our members to share your stories with us.

Thank you to all our supporters and volunteers without whom our work would not be possible!

We hope you enjoy reading our news!



Athletics

Athletics Series and Championships 2016 - Come and compete at our Athletics Series in 2016. You can be competitive against yourself to try and beat your personal best or be competitive against other athletes. We cater for all abilities and levels from new athletes through to Paralympic athletes aged 11yrs and above.

New to 2016 under 11's events at selected events. For more information, please see [here](#) to download your entry forms. The deadline for our Doncaster event is June 3rd. **Don't miss out and get your entries in now.**

Upcoming Events: Athletics Series

Saturday 4th and Sunday 5th June 2016 - [Stoke Mandeville Stadium, HP21 9PP](#)

Saturday 25th June 2016 - [Keepmoat Athletics Stadium, Doncaster, DN4 5JW](#)

Saturday 13th and Sunday 14th August 2016 - [Stoke Mandeville Stadium, HP21 9PP](#)
Sunday 28th August 2016 - [Gateshead International Stadium, NE10 0EF](#)

[Cerebral Palsy Sport National Championships](#)

Saturday 24th September 2016 - [Harvey Hadden Sports Complex, Nottingham, NG8](#)



For more information and entry forms for any of our Athletics events please click [here](#)

Football

Wiltshire Kickstart - CP Football

We are delighted to share that we will be holding a CP Football Kickstart event in Chippenham on 11th June 2016. For more details of how to book on to this event, please click [here](#).

Cerebral Palsy Football Tournament - Keele

An exciting Cerebral Palsy Football Tournament is taking place on 3rd July 2016 hosted by Chadderton Park Sports Club and Stafford Town FC. For more information on the event, please click [here](#).



Swimming

We had a great day of swimming at our recent National Swimming Championships. To read the full report and exciting results, please click [here](#)

• Development Galas Fun!

- We are also excited to be taking our Development Gala to Ponds Forge in Sheffield on 26th June 2016. Entries open. For more information on how to book and take part, please click [here](#).

Table Cricket

Nottinghamshire TCCL lead by Sue Moore hosted their second TCCL fixture of 2016 at Portland College. It was a great day full of close competition with Portland College taking the win in the end. They will now advance to the National Finals Day in December.



Do you play table cricket and want to see if you can beat the best at the Cerebral Palsy Sport National Finals Day at Edgbaston? Click [here](#) for more information.

Cerebral Palsy Sport have joined forces with Whizz Kidz!

On 14th May, our National Cricket development officer travelled to Leicester to deliver a fun-filled morning of table cricket playing lots of different games and learning all the key skills of cricket. If you are part of a community group or are interested in table cricket and want to know, please click [here](#) to take a look at our website to learn more.

Come and see us...

Kidz to Adulz South

Cerebral Palsy Sport will be at the Kidz to Adulz South exhibition on the 9th June 2016 at Rivermead Leisure Complex, Richfield Avenue, Reading RG1 8GQ. Come along and find out more about the sports we offer and what opportunities you have locally.

<http://www.disabledliving.co.uk/Kidz/South>

Partnerships Matter

British Cycling

Cerebral Palsy Sport values the range of partners that we work with to ensure that there are as many opportunities for people with CP and physical disabilities to get involved in sport and physical activity. We are currently working closely with British Cycling opportunities across the country.



British Cycling provide qualified coaches providing advice, support and guidance to develop your cycling techniques. Sessions are delivered on a monthly basis at traffic-free facilities to enable riders to have a fun, get fit and improve in a safe environment.

If you would like to discuss your needs, or how we can adapt the session to better meet your needs, please contact the Go-Ride team on 0161 274 2070 or go-ride@britishcycling.org.uk and mention CP Sport

Share Your stories!

Cerebral Palsy Sport want to hear from you!

We would like you to share your stories with us on how you got into sport and what you love about taking part in sport. Share your triumphs, your worries and if there are issues about trying to get into sport and take part - we want to hear from you.

Email info@cpsport.org with your contact details and we will get in touch! Thank you!

News from our Partners

Disability Bowls England

Disability Bowls England are delivering fun taster sessions for anyone with a disability in a friendly and relaxed environment. These taster sessions will take place in the north and south west. Disability Bowls members and qualified coaches will be around to lend a hand.

For more details contact Margaret Smith on 0115 940 4609 or 07874 241 895.

English Federation of Disability Sport

Following last year's successful programme, Typhoo and the national charity the English Federation of Disability Sport (EFDS) have teamed up again to ensure more disabled athletes have access to participation opportunities across England. In 2016, Typhoo will add an extra 'OO' to the National Junior Athletics Championships and eight regional qualifiers, with an aim to increase the number of disabled people in Athletics. For more information visit www.efds.co.uk.

The Pioneer Centre, Shropshire

The Pioneer Centre is an outdoor activity centre in Shropshire. They are hosting 3 Disability Adventure Weekends (April 8th-10th, June 17-19th, August 19th-21st). Activities will include: climbing, abseiling, fencing and many more. For more information call the Pioneer Centre on 01299 271217 or email enquiries@pioneercentre.org.uk.

Cerebral Palsy Sport
Unit 5, Heathcoat Building, Nottingham Science & Technology
Park, University Boulevard, Nottingham, NG2 7QJ
Tel: 0115 925 7027
email: info@cpsport.org

