Hello!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport!

Over the previous month we have had a fabulous Swimming Development Gala in Winchester, see below for the event report and pictures.

We have been working in partnership with British Gymnastics and Limbpower to plan some physical disability gymnastics sessions taking place in March 2018.

We've been planning loads of events throughout the year, take a look at our events page for all the details.

Enjoy reading this month’s newsletter and we hope to see you at one of our events soon!
Athletics

Upcoming events:

We are pleased to announce the dates for the 2018 Athletics Series which includes some new venues. Most of the dates and venues are agreed. We are in the process of confirming an event in July and detail will follow once this is all agreed and confirmed.

- **Saturday 7th and Sunday 8th April 2018** in Kingston upon Thames - for more information click [here](#).

- **Saturday 12th May 2018** in York - for more information click [here](#).

- **Saturday 9th June 2018** in Gloucester - for more information click [here](#).

- **Saturday 1st September 2018** in Doncaster - for more information click [here](#).

If you would like to get in touch with us about athletics please email Richard at [richard.kerr@cpsport.org](mailto:richard.kerr@cpsport.org).

Football

Development Days:

This year is the first year that the National Strategic Frame Football Development Group is coming together to deliver frame football events that bring together players, coaches, parents and clubs to play frame football and consult on the key elements needed to continue to progress and develop the sport.

Thank you for supporting our sports programmes in Nottingham.

# My Story

Catch up with our series #MyStory

This month we have featured Oliver. Read more [here](#).

Supporting our Athletics programme

Why not show your support to CP Sport by getting yourself a wrist band or pin badge [here](#).
Upcoming events:

Frame Football Development Event

Sunday 18th March 2018 at Aston Villa Training Ground, Trinity Road, Birmingham.

The day will provide the Frame Football Strategic Group along with players, coaches and parents with the opportunity to develop the rules, equipment and coach CPD involved with developing further the beautiful game. For more information see [here](#).

Regional opportunities:
A list of local football opportunities can be found [here](#).

Coaching resource:
'Frame Football - A new way to play the Beautiful Game' £6 (including VAT and delivery). Order through our [shop](#).

For further information and support about Frame Football visit our [website](#).

If you would like to get in touch with us about football please email us at football@cpsport.org

RaceRunning

Upcoming events:
We have hosted two Racerunning taster sessions in partnership with the University of Nottingham. For more information view our news article [here](#).

Floatsation

A unique matrix of balls giving total support and independence in water visit [www.floatsation.com](http://www.floatsation.com).

Interested in fundraising for Cerebral Palsy Sport?
Coaching resource: An introduction to RaceRunning
£6 (inclusive of VAT and delivery). Order through our shop here

For more information about RaceRunning please click here or contact Richard at richard.kerr@cpsport.org

Upcoming events:

Folkestone SportStart Day Tuesday 10th April 2018 at Folkestone Sports Centre Trust, Folkestone, CT19 5HX.
£7 CP Sport members, £10 non members. Closing date: 27th March 2018. Enter here.

A fun multisport day for adults or children with Cerebral Palsy or a physical disability to try new sports and meet coaches from local clubs. No experience or equipment needed!

If you would like to receive our fundraiser newsletter please email us at fundraising@cpsport.org
Swimming

Event Report:

Winchester Development Gala:
We had 27 swimmers attend our Winchester Development Gala on the 27th January. Congratulations to all the swimmers that took part swimmers, the atmosphere created by the swimmers and spectators was wonderful. To read our full report and view the event pictures click here.

Upcoming events:

National Swimming Championships 2018
Sunday 25th March 2018 at Harvey Hadden Sports Village, Nottingham, NG8 4PB. £5 CP Sport members per event, £7 non members per event. Closing date: 23rd February 2018. Enter here.

We have recently launched our 2018 swim series events. The series will include four events:

- Sunday 22nd April 2018 in Sheffield - for more information click here
- Sunday 24th June 2018 in Liverpool - for more information click here
- Sunday 20th October 2018 in Worcester - for more information click here
- Sunday 2nd December 2018 in Durham - for more information click here

These are events are £10 per event or £35 for the whole series for CP Sport members or £15 per event or £50 for the whole series for non members.
For more information about the series click [here](#).

If you are interested in volunteering at our swimming events please contact: jennifer.basford@cpsport.org

**Coaching resource:** SwimStart DVD £10 (inclusive of VAT and delivery). Order through our shop [here](#).

If you would like to get in touch with us about swimming please email jennifer.basford@cpsport.org

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**Table Cricket**

Table Cricket is a great fully inclusive sport. We offer Activator training to upskill individuals to deliver fun and engaging sessions with various groups and to provide regular activity.

We are also committed to supporting these groups set up teams and take part in community leagues with other local groups.

With more people engage and taking part we coordinate festivals to bring people together to play in an informal friendly environment.

If you would like more information about our Table Cricket programme and the Activator Workshop please click [here](#) or contact Richard.Kerr@cpsport.org

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**CPD Course**

**Cerebral Palsy and Sport Awareness Workshop**

The Cerebral Palsy and Sport Awareness Workshop will provide knowledge and understanding of what cerebral palsy is, the opportunities within disability sport and give guidance and advice to those who lead sport and physical activity. For more information on our

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**Keep in touch!**

Visit the Tennis Foundation website [here](#) for more information about disability tennis.

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**My Coaching Story**

We appreciate all the hard work that coaches do and are pleased to share some of those stories with you [here](#).
courses, please click here

2018 dates:
- Wednesday 28th February 12pm-3pm
- Thursday 10th May 6-9pm
- Saturday 8th September 10am-1pm
- Thursday 29th November 12pm-3pm

Venue
CP Sport, Nottingham, NG7 2QJ
Cost: £30 per person.

We offer a 10% discount for Professional and Organisation members.

If you would like further information about booking or would like to host a workshop please contact: Lisa.morton-smith@cpsport.org 0115 925 7027.

Membership

Get your individual membership now: Benefits to our individual members include:

- Regular information on the charity and events
- First opportunity on discount or free offers that Cerebral Palsy Sport receive from partner organisations.
- Discounted entry fees for selected Cerebral Palsy Sport events
- Invitation to members meetings and AGM
- Voting rights for 18 +

We also do a number of other membership types, these are family membership, free affiliate membership, professional membership, organisational membership and life membership. For more information about our membership opportunities click here.

We love to hear and share your stories so please do get in touch if you want to share your sporting experiences as a participant, parent, volunteer, professional or coach.

Cerebral Palsy Sport Team
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