Greetings!

Welcome to your monthly update from the Sport Development team at Cerebral Palsy Sport.

Our 2019 Sport Development programme consists of many events and activities that will provide opportunities for children, young people and adults to access sport, often for the first time who can then continue to participate on a regular basis. To find the full list of events we have planned please click [here](#)

Coming up in March is Cerebral Palsy Awareness month. To help support our important programmes we are encouraging people to take part in our fundraising campaign #CPCan. You can find more information [here](#)

We hope to see you at our events in 2019!

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**CP Can - Adapted Sports events supported by BBC Children in Need funding**

**CP Can - RaceRunning & Athletics taster event.**  
*Walthamstow - 19th February 2019*

Cerebral Palsy Sport and Access Sport will be hosting an open inclusive session for all ages and abilities to come along and try RaceRunning and Athletics.

[Register here](#)

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**CP Can - RaceRunning taster session.**  
*Bath - 21st February 2019*

A great opportunity to have a go at RaceRunning with Nova Sports & Coaching and Cerebral Palsy Sport, with support from Quest 88.
CP Can - Adapted Sports event
Worcester - 16th March 2019

In partnership with Worcester Warriors, this event is an opportunity for children, young people and adults with cerebral palsy to come along and try a range of adapted sports.

Swimming

Winchester Development Gala - 23rd February 2019 - Entries now closed

National Swimming Championships
Nottingham - 7th April 2019

At Harvey Hadden Sports Village, Nottingham. A friendly and competitive event for all active cerebral palsy swimmers from club through to elite levels of ability. The Championships are held using British Swimming classification – but cerebral palsy swimmers without classification may take part as guests if space allows.

For a full list of the Cerebral Palsy Sport swimming series events in 2019 click here

Athletics

Athletics Series
St Albans - 13th April

The first event in the 2019 Athletics Series will take place at Abbey View Golf & Track Facility, St. Albans. Events for Juniors, Seniors – Track & Field. Athletes must be aged 8 years or above.
For a full list of Cerebral Palsy Sport Athletics series events click [here](#).

### SportStart Camps

We held our first SportStart Camp of the year in Eastleigh on 3rd February at Toynbee School. The school were fantastic in providing a lovely facility which is very accessible for all. We had a total of 11 participants, and 4 sports clubs deliver activities:

- Saints Foundation Football
- Hampshire Cricket Board
- Quest 88 and CP Sport RaceRunning
- Hampshire Hornets Wheelchair Basketball Club

[Read our event report](#).

For a full list of Cerebral Palsy Sport SportStart Camps click [here](#).

### Football

We held a CPCan KickStart event in partnership with Devon FA on Sunday 3rd February. A BBC Children In Need supported event. This was an introduction to Frame Football through games and competitions.

[Find out more about Frame Football opportunities](#).

The Cerebral Palsy Sport National Cup takes place on Saturday 23rd February at The University of Nottingham, to enter a team contact Richard.kerr@cpsport.org

The National Cup is a build up to The FA Disability Cup taking place on the 15th – 16th June at St Georges Park. Keep an eye out for the opportunity to win tickets to go and watch!

[Find out more about Football competitions](#).
Thank you to Samm and Tom for sharing their cp sporting journeys. If you would like to share your story email us here

Partnership news

Go Tri Events

Cerebral Palsy Sport is working in partnership with Limbpower, British Triathlon and McA Fitness and Event to run a series of ‘Go Tri’ events throughout 2019. The triathlons are specifically for anyone who has cerebral palsy or a limb impairment.

Enter now

Naidex 2019

We’re proud to be in partnership with Naidex as it makes a triumphant return to the Birmingham NEC, on the 26th & 27th March!

Over the 2 days, find the latest products and services that will enable you to live more independently. From mobility products and prosthetics all the way to accessible travel plans and assistive technology; Naidex will gather the latest and most advanced solutions available across the global market.

And not only that, the show’s stellar speaker agenda will see paralympians, celebrities, experts and visionaries unite as they discuss some of the industry’s most pressing topics, covering everything from employability, dating and mental health to technology,
Better still, Naidex 2019 will also see the return of crowd-pleasing favourites such as the Live Sports Arena, providing a portal into the world of disability sports for a second year running; and the Mobility Test Track, presenting the future of mobility technology once again.

You can get your FREE tickets now!

Click here for free tickets

CPD Courses

Cerebral Palsy and Sport Awareness Workshop The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with Cerebral Palsy Sport

Course information

Resources

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what is involves.

You can purchase the following resources from our online shop

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6

All prices above include VAT and delivery and we offer 10% discount to organisational members.

Buy now

Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:
Individual Boccia Balls

Have you lost one or two Boccia ball from your set? Would you like to try a different hardness of ball but don’t want a full set yet? Our Handi Life Sport Boccia balls are available to purchase as individual balls.

Order here

Organisation Members

Our Funders

Visit our website Cerebral Palsy Sport | 0115 925 2027 | info@cpsport.org | www.cpsport.org

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