



Cerebral Palsy Sport  
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Supporting people with cerebral palsy to reach their sporting potential!

## Issue #9

# Sports Development Newsletter

Hello and welcome to the Cerebral Palsy Sport Newsletter. This newsletter will give you updates from all the Cerebral Palsy Sport Programmes and information on our upcoming events.



## Athletics

On Saturday 5th March Cerebral Palsy Sport, in partnership with Welsh and English Dragons supported a RaceRunning taster session at Blackbridge Stadium, Gloucester. It was a fantastic day with 30+ young people; aged 3 and up taking part. As well as those trying for the first time there were also some coaches on hand to support the more experienced participants.



### Upcoming Events

AthleticStart Day - Saturday 9th April - Lincoln.

RaceRunning Taster Day - Saturday 9th April - Lincoln.

### Athletics Series

4th & 5th June - Stoke Mandeville

25th June - Doncaster

13th & 14th August - Stoke Mandeville

28th August - Gateshead

For more information about upcoming events [click here](#).



## Bowls

As you may remember from the previous edition of this newsletter, Cerebral Palsy Sport held a BowlStart event at Leominster & District Indoor Bowling Club.

This event took a slightly different approach to previous events with the focus being on the development of the clubs coaches. In February we returned to the club to see how they were doing - to find the club delivering a fun and dynamic session to 25 disabled participants. The club are working tirelessly to become more inclusive and continue to provide disability bowls sessions to local schools and disability groups. Well done to everyone involved at Leominster & District Indoor Bowls Club.

For information about the upcoming events, please [click here](#).

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## Football

### KickStart

The Cerebral Palsy Sport KickStart Programme has been introduced to develop new areas of sustainable CP specific football across the country.

In partnership with local organisations 2-3 hour sessions are delivered that give local players the opportunity to participate in local football.

#### Upcoming Events

Brighton - Wednesday 30th March - For Ambulant and Frame Football.

Shrewsbury - Friday 8th April - For Ambulant and Frame Football.

Wiltshire - Saturday 10th June - For Ambulant and Frame Football.

For information about the upcoming events please click [here](#).

### National Cerebral Palsy Football League

In March, the fourth set of fixtures for the 2015/16 season will be hosted by Disability4Sport, Essex (South Conference) and Copmanthorpe, York (North Conference). To find your nearest club [click here](#).

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## Swimming



This year we are looking forward to welcoming over 50 swimmers to our National Championships taking place at the Harvey Hadden Sports Village on 3rd April. This will be the first year that the event is taking place at the iconic facility that played host to the Nottingham 2015 CPISRA World Games. Spectators are welcome on the day.

Development Galas will also be taking place on 30th April in Hull and in Sheffield on 25th June. Entries are now open. For more details about the Development Galas, please [click here](#) or contact our Swimming Development Officer, Sarah at [sarah.livesey@cpsport.org](mailto:sarah.livesey@cpsport.org).

For more information about the Development Galas and our other swimming events please [click here](#).

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## Table Cricket

Last month saw Birmingham and Nottinghamshire host their first TCCL 2016 fixtures. Both competitions were fantastic with some excellent table cricket being played. We look forward to the next fixture taking place.

If you're interested in becoming part of the National Table Cricket League, please get in touch with Rachel Ward at [rachel.ward@cpsport.org](mailto:rachel.ward@cpsport.org)



CP Sport's National Cricket Development Officer is working with community groups and County Cricket boards all over the country to increase the opportunities for people with a disability to access cricket. So if cricket interests you make sure you get in touch or visit [www.cpsport.org](http://www.cpsport.org) to find your nearest opportunity.

After the successful event in January the next Table Cricket Performance and Development Group will take place on 24th April at Portland College, for more information please [click here](#).

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## Come and see us...

From Tuesday 26th - Thursday 28th April, Cerebral Palsy Sport will have a stand at the Naidex Exhibition at the NEC in Birmingham.

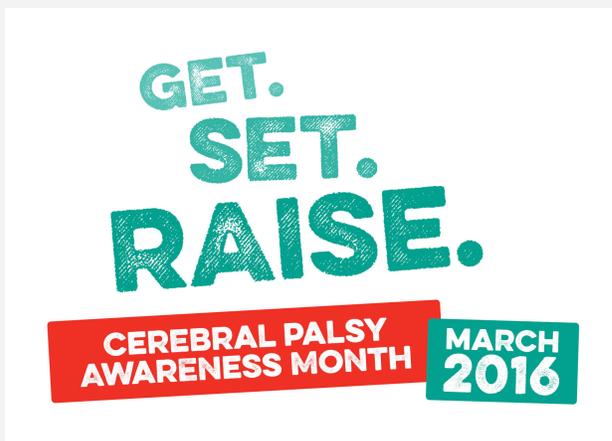
Naidex is the UK's largest disability and homecare event with over 200 exhibitors

showcasing their products and services. The event is at the forefront of innovation. For more information [click here](#).

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## Support our new appeal for Cerebral Palsy Awareness Month

During Cerebral Palsy Awareness Month our Get. Set. Raise. Appeal is aiming to raise £10,000 for our sports programmes to provide more opportunities for people with cerebral palsy and other physical disabilities to take part in sport.



There are lots of ways you can get involved, [take a look at our website where you can download the fundraising pack along with other tools to help get you started](#).

### **We really need your support!**

So far the campaign has raised nearly £3,400 but we are still a long way off our target. To make a donation (no matter how small) to our appeal, please visit our [Virgin Giving page](#), every penny really does count!

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## News from our Partners

### **LimbPower**

LimbPower, the national charity for amputees and people with limb impairments has launched a new sport and physical activity survey. The results will be used to help encourage more people with limb impairments to take part in sport and physical activities at all levels.

To complete the LimbPower sport and physical activity survey please [click here](#).

### **Erewash Village Games**

Erewash Village Games, in partnership with Derbyshire Sport, are starting up a new weekly Wheelchair Basketball session. The session will take place every Tuesday from 6 - 8pm at Ormiston Ilkeston Enterprise Academy.

For more information email Toni on [toni@villagegames.org.uk](mailto:toni@villagegames.org.uk) or call 07584 856 292.

### **East Midlands ASA**

On Sunday 15th May the ASA will be hosting an event for Competitive Disabled Swimmers at Braunstone Leisure Centre in Leicester. The event is open to any swimmer with a physical, sensory or learning disability and formal classification is not compulsory.

For more information contact Mary Butler - Email: [Mary-butler@lineone.net](mailto:Mary-butler@lineone.net) or call 0115 9374 377.

## Para-Cycling

British Cycling are launching a talent search to find the para-cycling stars of the future. Track2Tokyo is a nationwide search for the next generation of Paralympic track and road cyclists. This initial phase of talent assessments is an opportunity to become part of the Great Britain Cycling Team. The initial events will take place at Derby Arena on 2nd/3rd July and 29th/30th October.

To sign up, visit [www.britishcycling.org.uk/Track2Tokyo](http://www.britishcycling.org.uk/Track2Tokyo)

To book your place or for more information please call Louise Johnson on 07947 296466.

## The Pioneer Centre, Shropshire

The Pioneer Centre is an outdoor activity centre in Shropshire. They are hosting 3 Disability Adventure Weekends (April 8th-10th, June 17-19th, August 19th-21st). Activities will include: climbing, abseiling, fencing and many more. For more information call the Pioneer Centre on 01299 271217 or email [enquiries@pioneercentre.org.uk](mailto:enquiries@pioneercentre.org.uk).

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Cerebral Palsy Sport  
Unit 5, Heathcoat Building, Nottingham Science & Technology  
Park, University Boulevard, Nottingham, NG2 7QJ  
Tel: 0115 925 7027  
email: [info@cpsport.org](mailto:info@cpsport.org)

