Greetings!

Welcome to your monthly update from the Sport Development team at Cerebral Palsy Sport.

March is Cerebral Palsy Awareness month. It is an opportunity to celebrate, educate and help share some of the work that we do here at Cerebral Palsy Sport, and particularly the impact we have on peoples lives. If you would like to share your experiences of sport and our events please contact us here. We would love to hear from you!

We are encouraging people to take up a fundraising challenge in March, find out more here.

You can get your own free Cerebral Palsy Sport photo frame for CP Awareness month here which you can use directly on your phone camera! Please use and share your images with the hashtag #CPCan

CP Can - Adapted Sports events supported by BBC Children in Need funding

Event reports:
Half term RaceRunning taster sessions took place in Bath and Walthamstow. Well done to everyone who took part. To read more click here.
CP Can - Adapted Sports event
Worcester - 16th March 2019

At Sixway Stadium, in partnership with Worcester Warriors, this event is an opportunity for children, young people and adults with cerebral palsy to come along and try a range of adapted sports.

Register here

For a full list of the Cerebral Palsy Sport CP Can events in 2019 click here

Swimming

Event report:
Winchester Development Gala 23rd February. We returned to King's School once again for a fantastic event. To read the full report click here
National Swimming Championships
Nottingham - 7th April 2019

The National Swimming Championships 2019 will take place on Sunday 7th April 2019 at Harvey Hadden Sports Village, Nottingham. The Championships are held using British Para-Swimming classification – but cerebral palsy swimmers without classification may take part as guests.

ENTRY CLOSING DATE: FRIDAY 8th MARCH

Enter here

Swimming Development Gala
Liverpool - 5th May 2019

For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed.

Enter here

If you are interested in volunteering for these Swimming events please contact us here

For a full list of the Cerebral Palsy Sport swimming events in 2019 click here

Athletics

Athletics Series
St Albans - 13th April 2019

At Abbey View Golf & Track Facility. Athletics events for juniors and seniors – Track & Field. Athletes must be aged 8 years or above.

Enter here

Athletics Series
Stoke Mandeville - 11th May 2019

At Stoke Mandeville Stadium. Athletics events for juniors and seniors - Track & Field. Athletes must be aged 8 years or above.

Note: this venue replaces the previously listed Winchester venue
If you are interested in being a volunteer or official for the Athletics series please contact us here

For a full list of Cerebral Palsy Sport Athletics series events click here

**SportStart Camps**

**SportStart Camp**
Ipswich - 2nd August 2019

At Gainsborough Sports and Community Centre. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present.

Register here

For a full list of Cerebral Palsy SportStart events here

**Football**

**Event Report:**
The Cerebral Palsy Sport National Cup took place on 23rd February 2019, at the University of Nottingham. 7 Teams entered the competition playing for a place at the FA Disability Cup Finals at St Georges Park. For the full report click here
Where can I play CP Football and Frame Football? Click here

#MyStory

Thank you to Ethan for sharing his cp sporting journey. A fantastic story and we were pleased to see Ethan at our recent Winchester Development Gala. Read Ethan’s story here

If you have a cp sporting story you would like to share please email us here

Partnership news

Go Tri Events

Cerebral Palsy Sport is working in partnership with Limbpower, British Triathlon and McA Fitness and Event to run a series of ‘Go Tri’ events throughout 2019. The triathlons are specifically for anyone who has cerebral palsy or a limb impairment.
We’re proud to be in partnership with **Naidex** as it makes a triumphant return to the Birmingham NEC, on the 26th & 27th March!

**Naidex** is the most established event in Europe dedicated to empowering disabled people and bringing you the future of independent living. And this year’s edition promises to be even more special as the show will be celebrating its 45th anniversary!

Over 350 exhibitors will be showcasing the groundbreaking innovations of today and tomorrow, as well as 250 expert-led seminars held by the likes of Airbnb, Scope, Microsoft, the Disabled Living Foundation and even the incredible Warwick Davis!

**Get your free ticket now** and be part of the biggest disability event in Europe! Better still, you are still in time to receive your official copy of the amazing show guide right on your doorstep!

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**CPD Courses**

Cerebral Palsy and Sport Awareness Workshop The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with...

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**Resources**

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what is involves.

You can purchase the following resources from our online shop:

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6

All prices above include VAT and delivery and we offer 10% discount to Organisation Members.

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**Membership**

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

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**Boccia Referee equipment**

We sell a range of Boccia Referee equipment in our shop. Why not take a look [here](#).
Order here

Organisation Members

Our Funders

Visit our website

Cerebral Palsy Sport | 0115 925 2027 |
info@cpsport.org | www.cpsport.org

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