Hi, just a reminder that you’re receiving this email because you have expressed an interest in Cerebral Palsy Sport. Don’t forget to add info@cpsport.org to your address book so we’ll be sure to land in your inbox!

You may unsubscribe if you no longer wish to receive our emails.

Hello!

Welcome to your Sports Newsletter from the Sports Development Team at Cerebral Palsy Sport.

We hope you have been enjoying the summer weather. Perfect for getting out and being active! We are proud to be part of Together We Will, a new national campaign launched this month alongside other NSDO’s to support disabled people to be active and stay active with friends and family. Find out more here. In conjunction with this we have new important Membership information, please read below.

We have lots of information and event news for you to catch up on, including exciting new partnership updates. Enjoy!

CP Sport Training Camp 2016

Sunday 30th October 2016
Harvey Hadden Sports Complex, Nottingham, NG8 4PB
This is the first of a new type of training camp for age 9+. The event will be a Swimming and Athletics training camp combined and will include practical sessions as well as workshops. £25 for full members, £30 non-members. Reduced rate of £20 for any bookings made before 29th August.

For full details please see our website events page here.

We are also running a coach development session on this day. For more information read here.

## Athletics and RaceRunning

**Success for England's Racerunning team!**
The England RaceRunning team had an incredible week at the CPISRA European RaceRunning Championships and 20th International Cup and Camp in Frediksburg, Denmark bringing home 8 Golds, 2 Silvers and 3 Bronze medals. Well done to our team members Thomas Talbot, Matthew Humphries, Muninder Hayer, Rafi Solaiman and Ellie Simpson.

**RaceRunning showcase**
On Saturday 2nd July, CP Sport and Quest 88 travelled to University of Warwick Athletics track to showcase RaceRunning for the first time at the EFDS National Junior Championships. We had lots of positive feedback thank you if you came to see us!

## Athletics Series and Championships 2016

Come and compete at our Athletics series in 2016. We cater for all abilities and levels from new athletes through to Paralympic athletes aged 11 yrs and above. Remember - new to 2016 is our under 11’s category at selected events.

**Athletics Series**

**Sunday 28th August 2016**
- Gateshead International Stadium, NE10 0EF (closing date for entries 5th August)

**Cerebral Palsy Sport Championships**

**Saturday 24th September 2016**
- Harvey Hadden Sports Complex, Nottingham, NG8 4PB (closing date for entries 2nd September).

For more information and entry forms please click [here](#).

If you know someone who would like to know about RaceRunning or would like more information about the 2016 Athletics Series,
**Learning Resource**

**Introduction to RaceRunning**
Cerebral Palsy Sport have produced 'An Introduction to RaceRunning' resource to support the development of the new sport across the country. For more information on how to order your pack, please click [here](mailto:athletics@cpsport.org).

**Table Cricket**

**National Finals - Enter Now**
Do you play table cricket and want to see if you can beat the best at the Cerebral Palsy Sport National Finals Day at Edgbaston? Click [here](mailto:here) for more information or email [Rachel.ward@cpsport.org](mailto:Rachel.ward@cpsport.org).

**Try Table Cricket**
Do you play Table Cricket at school or in your community and want to meet more people with the same interest. We run a performance hub at Portland college, NG18 4TJ. The next session is on Sunday 27th November. For more information please click [here](mailto:here).

**Football**

**Cerebral Palsy Football Tournament**
On Sunday 3rd July Chadderton Park Cerebral Palsy team and Stafford CP held a Cerebral Palsy football tournament at Keele University. Five clubs entered their team; Stafford CP, Chadderton Park, Yorkshire CP, Cerebral Palsy United and Newtown CP.

Cerebral Palsy Sport supported the day, delivering Frame Football activity to young players from the different teams attending.

The tournament was sponsored by the Portland Hospital who are supporting CP football for children. Trophies were presented by former Stoke City and Mali national team footballer Mamady Sidibé.
CP Football in Chippenham, Wiltshire
Working in partnership with Stanley Park & Chippenham Town Council, Cerebral Palsy Sport delivered a CP Football KickStart event to develop a new opportunity for both ambulant players and frame users. The new session will see regular sessions delivered locally to support more young players get involved in the beautiful game.

Date: Saturdays
Venue: Stanley Park Sports Ground, Stanley Ln, Chippenham, Wiltshire SN15 3RW
Time: 10.00am to 11.00am
Age: 5-16 years, all abilities
Cost: £3.00, pay on day
Contact: Paul Harvey at pharvey@chippenham.gov.uk or 01249 463905, 07525 279743

Find a club
Cerebral Palsy Sport's CP Football KickStart programme continues to support more clubs to develop football opportunities in both CP Football and Frame Football. To find your nearest club please click here

If you’d like to know more about CP Football, then please email us at football@cpsport.org

Swimming
Sheffield Gala Success
24 swimmers aged 5-34, some travelling from as far as Sunderland and Peterborough took part in the Sheffield Gala. Well done to all the participants and a massive thank you to our volunteers.
SplashStart
On the 17th July 2016 we ran our fun family SplashStart swim session at Spennymoor Leisure Centre. The session was delivered in partnership with County Durham Sport and Durham County Council. 17 families attended the session, with a total of 43 people in the pool for the one hour session.

Read the full reports of our swimming events here

Nottingham Development Gala
Entries are now open for the Nottingham Development Gala that will take place on Saturday 8th October. More information see our website events page here

National Swimming Championships 2017
Sunday 26th March 2017. For the second year the event will take place at Harvey Hadden Sports Village, Nottingham. More information on entries will be available soon.

Partnership News

The Royal Yachting Association (RYA) is one of Cerebral Palsy Sport’s many partners that provide something different to our core sports offer. Cerebral Palsy Sport and the RYA are working in partnership to ensure that this number continues to grow and that there are more people with Cerebral palsy getting involved in the Sailability programme.

Introducing our young Sporting Ambassadors

Find out more about our newly appointed Young Sporting Ambassadors

The first of our young ambassadors have been chosen to use their sporting journey to positively encourage others, sharing their ups and downs along the way to achieving their sporting potential.

Ellie Simpson
Over the past year Cerebral Palsy Sport and England Golf have been working closely to identify and promote golf opportunities for those with a physical disability. As a result of the close working relationship a number of opportunities have been identified as well as a 'gap' in provision, particularly for those with complex physical disability. Cerebral Palsy Sport and England Golf are now working together to develop a new adapted version of golf.

Cerebral Palsy Sport and British Cycling are working in partnership to provide more people with cerebral palsy the opportunity to take part in cycling. In developing the partnership some key outcomes have been identified including the delivery of cycling at CP Sport SportStart events, CP awareness training to cycling coaches and volunteers, identifying what the needs and wants are from people with CP to take part in cycling, and supporting those that are talented onto the talent pathway.

Keep up to date with our partnership news and information here.

Important Membership News!

In conjunction with the launch of the Together We Will Campaign, we are offering automatic affiliate membership to everyone who receives our FREE regular emailed newsletter. As a recipient of this newsletter this means you will become an automatic member, unless you chose to opt out by unsubscribing to this newsletter. There is no cost for this type of membership!

If you are already a full member of CP Sport (paid member) and need to renew or want to become a full member and receive exclusive benefits including discounted entry fees for our events and AGM voting rights please click here.

Congratulations to our sporting Ambassadors who have been selected to represent GB at Rio 2016 Paralympics... find out more.

Date for the diary - The 2017 National Swimming Championships will be on 26th March 2017.
Interested in volunteering or fundraising for CP Sport?

Volunteers contribute invaluable time and energy to support us achieve our vision and we could not do it without them. You can get also involved with fundraising events, whether that be a bucket collection, or helping us at a range of fundraising events each year.

Find out more here

That's it from us for now, but we'll be back soon with lots more information. Remember we also love to hear your stories so please do get in touch if you want to share your sporting experience.

Enjoy the summer and with less that a month to the Paralympics we can't wait to watch and get inspired!

Best wishes from us all at Cerebral Palsy Sport

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