

Here is the latest news from Cerebral Palsy Sport. You are receiving this email because you have kindly expressed an interest in Cerebral Palsy Sport. Don't forget to add info@cpsport.org to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



Cerebral Palsy Sport
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January 2017

Sports Development Newsletter #16

Hello!

Happy New Year and welcome to your newsletter update from the Sports Development team at Cerebral Palsy Sport.

We are ready to start the year off with a busy January, including our first ever combined RaceRunning and Frame Football taster session and our Winchester Swimming Gala is almost full! Why not have a go?

We are also pleased to announce our Athletics Series dates for 2017. Please read below or click [here](#).

We hope you will be taking part in many of the upcoming events this year, whether as a participant, fundraiser or spectator. Our list of events can be found [here](#)

Athletics

Upcoming events:

Adapted Sports Taster Session- RaceRunning and Frame Football

Saturday 28th January 2017. This opportunity is for current and new participants to come and "have a go" at either OR both adapted sports. For age 5 to adults. Cost: £5 for full CP Sport or CP Teens UK



**Help us support children,
young people and adults with
cerebral palsy reach their
sporting potential.**

[Cerebral Palsy Sport website](#)

FREETHS SOLICITORS

**Supporting our sports
programmes in Nottingham**

members or £7.50 non-members. Please note, entry fee covers either or both sports. Enter [here](#)



Athletics Series 2017

Sunday 2nd April 2017, Yeovil Olympiads Athletic Club, Somerset, BA21 3DS. Closing date for entries: Friday 10th March 2017. Enter [here](#).

Saturday 27th May 2017, University of York, YO10 5NA. Closing date for entries: Friday 5th May 2017. Enter [here](#).

Saturday 17th June 2017, Doncaster Athletic Club, DN4 5JW Closing date for entries: Friday 26th May 2017 Enter [here](#).

Saturday 8th & 9th July 2017. Stoke Mandeville Stadium, Bucks, HP21 9PP. Friday 16th June 2017 Enter [here](#).

National Athletics Championships 2017

Saturday 23rd September 2017. Harvey Hadden Sport Complex, Nottingham, NG8 4PB. Closing date for entries: Friday 1st September 2017. Enter [here](#).

If you are interested in volunteering at our athletics events please contact: athletics@cpsport.org

Coaching resource:

'An Introduction to RaceRunning'

£6 (including VAT) plus postage and packaging. Order through our shop [here](#).

If you would like to get in touch with us about Athletics please email us at athletics@cpsport.org

Football



ST. JAMES'S PLACE
WEALTH MANAGEMENT

**Supporting our
Athletics
programme**



Cerebral Palsy Sport



Floatsation®

A unique matrix of balls giving total support and independence in water visit

<http://www.floatsation.com>



Upcoming events:

Adapted Sports Taster Session- RaceRunning and Frame Football

Saturday 28th January 2017. CP Sport are working with CP Teens and Sheffield & Hallamshire FA to host a taster session at the English Institute of Sport, Sheffield. This opportunity is for current and new participants to come and "have a go" at either OR both adapted sports. For age 5 to adults. Cost: £5 for full CP Sport or CP Teens UK members or £7.50 non-members. Please note, entry fee covers either or both sports. Enter [here](#)



Cumbria Frame Football KickStart

Sunday 29th January 2017 at Yewdale Community Centre, Hutton Way, Carlisle, CA2 7TH. For ages 4-16 years, all abilities. Please register by 20th January by contacting sam.turner@cpsport.org.

CP Football and Frame Football opportunities



We are working with a number of clubs to develop Cerebral Palsy Football in more areas. If you are interested as a club or participant please contact our National Football Development Officer, Sam Turner.

Telephone: 0115 925 7027 Email: sam.turner@cpsport.org

Coaching resource:

'Frame Football - A new way to play the Beautiful Game'

£5 plus £1 postage and packaging (includes VAT). Order through our shop [here](#)

For further information and support about Frame Football visit our [website](#)

Swimming

Upcoming events:



LOTTERY FUNDED

Supporting our RaceRunning, Swimming and Table Cricket programmes



If you know someone who might be interested in reading our newsletter, please share the fun and click below!

 Forward to a Friend

Not a member?
Join Cerebral Palsy Sport as a member. [Click here to find out more!](#)



Supporting our RaceRunning and Swimming programmes



Para - swimming taster session (organised by club & ASA)

Sunday 22nd January at Waterlooville Leisure Centre, Hants PO7 7UW. Para-Swimming Talent Identification session, for swimmers confident in the water.
Contact: secretary@handwsc.co.uk

Winchester Development Gala

Saturday 28th January 2017 at St Swithun's School, Winchester. For children or adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome. Free entry. Registration required, this event now has limited spaces left. Email sarah.livesey@cpsport.org if you would like to check availability.



National Swimming Championships 2017

Sunday 26th March 2017. For the second year the event will take place at Harvey Hadden Sports Village, Nottingham. Entries now [open](#).

Hampshire SwimStart session and CPD

Sunday 11th June 2017 at Flemming Park Leisure Centre, Eastleigh, SO50 9NL. Movement in water workshop for teachers, physios, parents, supporters. £20. Followed by free SwimStart session for children with CP. More details and registration [here](#)

If you are interested in volunteering at our swimming events please contact:
sarah.livesey@cpsport.org

Coaching resource: SwimStart DVD £10 inclusive of VAT and delivery. Order through our shop [here](#)

If you would like to get in touch with us about swimming please email us at swimming@cpsport.org

Keep in touch!



working
with you,
for you

Stephensons

Supporting our sports
programmes in the North West

Cerebral Palsy Sport offers
discounted entry fees for full
members. Further information
on membership can be found
[here](#)

Table Cricket

Performance Hub

Following our successful performance hub session at Portland College on Sunday 27th November, we are pleased to confirm we will run the event again next year. Watch this space for more details. Find out more about Table Cricket [here](#).

For further information please contact:
rachel.ward@cpsport.org

CPD COURSE

Cerebral Palsy and Sport Awareness Workshop

The **Cerebral Palsy and Sport Awareness Workshop** will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and give guidance and advice to those who lead sport and physical activity.

Cost: £30 per person. Ideal for coaches and teachers.

Dates available: 17th May 2017, 27th September 2017



Venue: CP Sport , Nottingham

Time: 6pm-9pm

To book your place or find out further information, please contact:

info@cpsport.org or telephone us on 0115 925 7027

if you would like to host a workshop

please contact:

Lisa.morton-smith@cpsport.org for full cost details

We love to hear your stories so please do get in touch if you want to share your sporting experiences as a participant, parent, volunteer or coach.

Don't forget to register for our events now! For our list of events please [click here](#).

Best wishes from us all at Cerebral Palsy Sport!

Cerebral Palsy Sport Team

E: info@cpsport.org

T: 0115 925 7027

W: www.cpsport.org



Fundraising opportunities!

Fancy running the Brighton Marathon...or another running event? We have a number of fundraising opportunities coming up. Find out [more](#).