Hello!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport!

We were delighted to be able to confirm the news that the IPC (International Paralympic Committee) announced that the adapted sport of RaceRunning is to be introduced as a World Para Athletics event. This is a huge step in both the development of RaceRunning and opportunities for athletes with high support needs. Read the story here

We have this month, released new research demonstrating the impact of adapted sports and that these opportunities are vital in supporting people with cp to get active. Our research is available to download here

The CPISRA 2018 World Games will be taking place in Spain next August. We will keep you up to date with the latest news about Team England here

Help us support children, young people and adults with cerebral palsy reach their sporting potential. Visit our website www.cpsport.org
Enjoy reading this months newsletter and we hope to see you at one of our events soon!

**Athletics**

Find out about our Athletics programme for all ages and abilities [here](#).

If you are interested in volunteering at our athletics events please contact: richard.kerr@cpsport.org

**Coaching resource:**

‘An Introduction to RaceRunning’

£6 (including VAT and delivery). Order through our shop [here](#).

If you would like to get in touch with us about Athletics please email richard.kerr@cpsport.org

**Football**

**Event report:**

**Cumbria Football Kick-Off:**

We held a Football Kick-Off event with Cumberland FA at Harraby Campus Sports, Carlisle on 29th October. This was a free CP football event for all abilities, ages 5-18 years old. The event was part of a wider project to develop CP football and frame football opportunities across Cumbria. Read more about the day [here](#).

Thank you for supporting our sports programmes in Nottingham

**MY STORY**

Catch up with our series #MyStory

This month we have featured wheelchair racer Olivia

...and cp footballer Megan
Upcoming events:
Female CP Football Development Days:
Free female only coaching sessions and small-sided games as an introduction to CP Football for 12-16 years and 16+
Saturday 25th November 11am-1pm at Partington Sports Centre, Manchester. Further information here.
Sunday 26th November 1pm - 3pm at the Elite Performance Centre, Brighton. Further information here.

Regional opportunities:
A list of local football opportunities can be found here

Frame Football Aviva Community fund project:
Cerebral Palsy Sport's project 'Frame Football - Lace Up Your Boots' has been included in the Aviva Community Fund competition. Voting from the public is required so that the project can be considered for the finals where a judging panel will award the funds. If you would like to support this please vote here

Coaching resource:
'Frame Football - A new way to play the Beautiful Game' £6 (including VAT and delivery). Order through our shop

Supporting our Athletics programme

Floatsation
A unique matrix of balls giving total support and independence in water visit www.floatsation.com
For further information and support about Frame Football visit our [website](#).

If you would like to get in touch with us about football please email us at football@cpsport.org.

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# Swimming

**Upcoming events:**

**Manchester Development Gala**
Saturday 11th November 2017 at Manchester Aquatics Centre, M13 9SS. For children or adults with CP other physical disability. All abilities, helpers in water allowed. Fun introduction to competition. Entries are now closed.

**Winchester Development Gala**
Saturday 27th January 2018 at King's School, Romsey Road, Winchester SO22 5PN. For children or adults with CP other physical disability. All abilities, helpers in water allowed. Fun introduction to competition. £2.30 for members, £3.50 for non members. **Booking required.** Closing date Friday 12th January 2018.

**National Swimming Championships 2018**
Sunday 25th March 2018 at Harvey Hadden Sports Village, Nottingham, NG8 4PB. £5 CP Sport members per event, £7 non members per event. Closing date: 23rd February 2018. Enter [here](#).

If you are interested in volunteering at our swimming events please contact: jennifer.basford@cpsport.org

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**Operation Tokyo 2020**
A series of Swim Wales Galas have been announced as...
part of Operation Tokyo 2020. For new or beginner swimmers in an informal and fun environment. Dates, venues and further information can be found here.

Coaching resource: SwimStart DVD £10 (inclusive of VAT and delivery). Order through our shop here.

If you would like to get in touch with us about swimming please email jennifer.basford@cpsport.org

**Table Cricket**

We've been busy delivering Table Cricket taster sessions and activators courses this month. If you would like more details about Table Cricket as a player, parent, teacher, official or coach please click here or contact Richard.Kerr@cpsport.org

Table Cricket National Finals Day 2017
Saturday 2nd December at Edgbaston Cricket Ground, Birmingham. 10am-3pm. £40 per team (up to 10 players), will include lunch on the day. Enter here.

Visit the Tennis Foundation website here for more information about disability tennis.

Push2Podium talent ID free Festival dates and venues can be found here.

Keep in touch!
CPD Course
Cerebral Palsy and Sport Awareness Workshop

The Cerebral Palsy and Sport Awareness Workshop will provide knowledge and understanding of what cerebral palsy is, the opportunities within disability sport and give guidance and advice to those who lead sport and physical activity.

2018 dates
Wednesday 28th February 12pm-3pm
Thursday 10th May 6-9pm
Saturday 9th September 10am-1pm
Thursday 29th November 12pm-3pm

Venue
CP Sport, Nottingham, NG7 2QJ

Cost: £30 per person.

We offer a 10% discount for Professional and Organisation members.

If you would like further information about booking or would like to host a workshop please contact:
Lisa.morton-smith@cpsport.org
0115 925 7027.

My Coaching Story
We appreciate all the hard work that coaches do and are pleased to start sharing some of those stories with you.

Read all about Athletics Coach Andrew: #MyCoachingStory

If you have got a cp coaching story to share please email info@cpsport.org

Supporting our sports programmes in the North West

We need Volunteers!
If you are interested in volunteering for a Cerebral Palsy Sport event please get in touch!
info@cpsport.org

Membership
Cerebral Palsy Sport Membership now includes new categories for Professionals and Organisations who can benefit from discounts and opportunities.
Full information on membership benefits can be found here.

We love to hear and share your stories so please do get in touch if you want to share your sporting experiences as a participant, parent, volunteer, professional or coach.

We hope to see you at a Cerebral Palsy Sport soon!

Cerebral Palsy Sport Team
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