Hello!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport!

We have had an incredibly busy few weeks particularly with our National Athletics Championships, Training Camp and Annual Awards ceremony. It was also World CP Day on the 6th October which we celebrated by sharing lots of stories, information and even had a Twitter takeover by Cerebral Palsy Sport Chair, Aideen Blackborough. Please do have a read through and find out what we have been up to!

We've been planning even more events in our calendar, so don't delay in signing up!

We've launched new membership categories for Professionals and Organisations. You can find out more about them here.

Help us support children, young people and adults with cerebral palsy reach their sporting potential. Visit our website www.cpsport.org
The CPISRA 2018 World Games will be taking place in Spain next August. We will keep you up to date with the latest news about Team England here.

Enjoy reading this months newsletter and we hope to see you soon!

This months title image was taken by: Myvision4reel

Athletics

Event reports:
The National Athletics Championships 2017 took place on Saturday 23rd September at Harvey Hadden Sports Village, Nottingham. 69 athletes competed in over 40 events over the course of the day with many spectators supporting. The event was sponsored by Nottingham Trent University. The full results and report can be found here

RaceRunner and Cerebral Palsy Sport Young Sporting Ambassador Ellie Simpson shared her training diary with us in the lead up to the National Athletics Championships. Take a look here

A RaceRunning Taster Session was held on Sunday 8th October at Harvey Hadden Sports Village, Nottingham. This was for children or adults with CP or a physical disability who wanted to try RaceRunning for the first time. We were delighted that Paralympian and Cerebral Palsy Sport Ambassador Stephen Miller MBE came along to try it out along with 6 others for the first time!
An Athletics and RaceRunning Training camp was held on Sunday 8th October at Harvey Hadden Sports Village, Nottingham. A mixture of on and off track workshops and seminars for those athletes in regular training was followed by an inspirational talk by the Cerebral Palsy Sport Ambassadors including newly announced Ambassador Steve Judge, The Cerebral Palsy Sport AGM and Annual Awards.

ST. JAMES’S PLACE
WEALTH MANAGEMENT

Supporting our Athletics programme

Floatsation®

A unique matrix of balls giving total support and independence in water visit www.floatsation.com

Interested in
If you are interested in volunteering at our athletics events please contact: richard.kerr@cpsport.org

Coaching resource:
‘An Introduction to RaceRunning’
£6 (including VAT) plus postage and packaging. Order through our shop here.

If you would like to get in touch with us about Athletics please email richard.kerr@cpsport.org

Event report:
The CP Football League National Finals 2017 took place on 30th September at Riverside in Nottingham. 7 teams from the league took place, and CP United came out on top after a fantastic day of matches. Read more about the day here

Regional opportunities:
Cumbria:
Football Kick-Off at Harraby Campus Sports, Edgehill Road, Carlisle, CA1 3SN. Free cp football event for all abilities. Ages 5-18 years old. Contact lisa.morton-smith@cpsport.org. Details here

Bedfordshire

If you would like to receive our fundraiser newsletter please email us! fundraising@cpsport.org

Fundraising for Cerebral Palsy Sport?

CPSport
Cerebral Palsy Sport

CP Sport
LOTTERY FUNDED

Supporting our RaceRunning, Swimming
Flitwick Eagles FC Frame Football session. Taking place 19th November. Contact: russshaw1@ntlworld.com

A list of further local football opportunities can be found here

**Coaching resource:**
*Frame Football - A new way to play the Beautiful Game* £5 plus £1 postage and packaging (includes VAT). Order through our shop

For further information and support about Frame Football visit our website

If you would like to get in touch with us about football please email us at football@cpsport.org

**Swimming**

**Upcoming events:**
We held a Development Gala in Worcester on 30th September at Perdiswell Leisure Centre.
We had 16 swimmers enter the gala. Some travelled at least 200 miles to be there! The swimmers ages varied from 4 years old to 51 years old and they all took part in races in various strokes over 10, 25 and 50 metres. Thank you to Disability Sport Worcester for providing volunteers on the day. Full report here

Visit the Tennis Foundation website here for more information about disability tennis.
A Swimming Training camp took place on Sunday 8th October at Harvey Hadden Sports Village, Nottingham. We had 13 swimmers on the day and 6 coaches as part of their CPD. They were trained by 3 brilliant coaches; Matt Walker (Paralympian and Ambassador), Robin Surgeoner (Paralympian) and Jill Stidever (extremely experienced in everything disability swimming!). Read our full report here.

**Upcoming events:**
Manchester Development Gala  
Saturday 11th November 2017 at Manchester Aquatics Centre, 2 Booth Street East, Manchester M13 9SS. For children or adults with CP other physical disability. All abilities, helpers in water allowed. Fun introduction to competition. **Booking required.** Entries close 27th October.

Winchester Development Gala  
Saturday 27th January 2018 at King's School, Romsey Road, Winchester SO22 5PN. For children or adults with CP other physical disability. All abilities, helpers in water allowed. Fun introduction to competition. £2.30 for members, £3.50 for non members **Booking required.** Closing date Friday 12th January 2018.

National Swimming Championships 2018  
Sunday 25th March 2018 at Harvey Hadden Sports Village, Nottingham, NG8 4PB. £5 CP Sport members per event, £7 non members per event. Closing date: 23rd February 2018. Enter **here.**

If you are interested in volunteering at our swimming events please contact: jennifer.basford@cpsport.org

**Operation Tokyo 2020**
A series of Swim Wales Galas have been announced as...
part of Operation Tokyo 2020. For new or beginner swimmers in an informal and fun environment. Dates, venues and further information can be found here.

Coaching resource: SwimStart DVD £10 inclusive of VAT and delivery. Order through our shop here

If you would like to get in touch with us about swimming please email jennifer.basford@cpsport.org

Table Cricket

We’re busy delivering Table Cricket taster sessions and activators courses this month. If you would like more details about Table Cricket please contact Richard.Kerr@cpsport.org

Table Cricket National Finals Day 2017
Saturday 2nd December at Edgbaston Cricket Ground, Birmingham. 10am-3pm. £40 per team (up to 10 players), will include lunch on the day. Enter here.

Cerebral Palsy Sport Membership now includes new categories for Professionals and Organisations.

Further information on membership benefits can be found here.
CP Sport AGM & Awards

Cerebral Palsy Sport's Annual General Meeting and Sports Awards were held on October 8th at Harvey Hadden Sports Village, Nottingham. We had fantastic attendance and were thrilled that the Cerebral Palsy Sport Ambassadors and Trustees presented the winners with their awards. Find the full list of winners [here](#).

CPD Course

**Cerebral Palsy and Sport Awareness Workshop**

The **Cerebral Palsy and Sport Awareness Workshop** will provide knowledge and understanding of what cerebral palsy is, the opportunities within disability.

We need Volunteers!

If you are interested in volunteering for a Cerebral Palsy Sport event please get in touch!

Interested in Boccia? We sell balls, bags and equipment. Have a look in the Cerebral Palsy website shop.

You can read some of our volunteer stories [here](#).

info@cpsport.org
sport and give guidance and advice to those who lead sport and physical activity.

New dates coming soon. If you would like more information about the course, discounts applicable for Professional and Organisation membership, or if you would like to host a workshop please contact: Lisa.morton-smith@cpsport.org 0115 925 7027.

We love to hear and share your stories so please do get in touch if you want to share your sporting experiences as a participant, parent, volunteer or coach.

We hope to see you at a Cerebral Palsy Sport soon!

Cerebral Palsy Sport Team
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T: 0115 925 7027
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