Hi, just a reminder that you’re receiving this email because you have expressed an interest in Cerebral Palsy Sport. Don’t forget to add info@cpsport.org to your address book so we’ll be sure to land in your inbox!

You may unsubscribe if you no longer wish to receive our emails.

Welcome to your Sports Development Newsletter #10

Hello!

Welcome to your Sports Newsletter from the Sports Development Team at Cerebral Palsy Sport. Apologies for the newsletter version sent out yesterday. This is the correct version. Sorry!

We have lots of information and event news to share with you. We hope you enjoy reading it.

Athletics and RaceRunning

Help us support children, young people and adults with cerebral palsy reach their sporting potential. Thank you.

Supporting our Athletics programme
Athletics Series and Championships 2016 - Come and compete at our Athletics series in 2016. We cater for all abilities and levels from new athletes through to Paralympic athletes aged 11yrs and above.

New to 2016 is our under 11's events at selected events. For more information see our entry forms available on our website here.

The closing date for the next Athletics Series event on Saturday 13th and 14th August 2016 at Stoke Mandeville is Friday 22nd July 2016. Don't miss out and get your entries in now.

Upcoming Events -
Athletics Series
Saturday 13th and Sunday 14th
August 2016 -
Stoke Mandeville Stadium, HP21 9PP

Sunday 28th August 2016 - Gateshead International Stadium, NE10 0EF

Cerebral Palsy Sport Championships
Saturday 24th
September 2016 -
Harvey Hadden Sports Complex, Nottingham, NG8 4PB

For more information and entry forms please click here.

Athletics Training Day 2016 -
Sunday 30th October 2016 - Harvey Hadden Sports Complex, Nottingham, NG8 4PB

This is the first of a new type of Training Camp being trialed in Nottingham. The event will be run alongside a Swimming Training Camp with the workshops being combined.

The Training Camp will consist of:
- Registration and welcome
- Athletics Practical Session 1
- Sport Science Workshop 1
- Lunch break and time to socialise/network
- Sport Science Workshop 2
- Athletics Practical Session 2

For more details please click here.

If you know someone who would like to know about RaceRunning or would like more information about the 2016 Athletics Series, then please email us at athletics@cpsport.org.

Table Cricket

National Finals - Enter Now
Do you play table cricket and want to see if you can beat the best at the Cerebral Palsy Sport National Finals Day at Edgbaston? Click here for more information or email Rachel.ward@cpsport.org.

Supporting our RaceRunning, Swimming and Table Cricket programmes.

If you know someone who might be interested in reading our newsletter, please share the fun and click below!

Don't forget you can find us on Facebook, follow us on Twitter and we are now active on LinkedIn.
Try Table Cricket
We have a Cricket offer to help provide opportunity for people to get involved in cricket and also opportunity for coaches and volunteers to be upskilled! Check out our website here to find out more.

Football
The team had a great Frame Football Kickstart at Bedford International Athletics Stadium in partnership with Fusion and Flitwick Eagles FC. A great group of new young players, showing off their best football skills and biggest smiles, the event was a great success. Thanks to the great support from both local organisations, regular sessions will now take place to form a Flitwick Eagles Frame Football team. For more information, please click here:

We also have some great events coming up in this summer of football!
Upcoming Football Kickstart Events in 2016:
Cerebral Palsy Football Tournament - Keele - 3rd July 2016
Cerebral Palsy Sport will be supporting a CP Football Tournament hosted by Chadderton Park Sports Club and Stafford Town FC. We will be delivering a Frame Football session. For more event information, please click here

Regional Talent Centre - Cerebral Palsy
On Saturday 16th July 2016, Birmingham County FA will host a Talent Day for players with Cerebral Palsy in the West Midlands region at the Moat House Leisure Centre from 10.00am to 12.00 noon. This opportunity is for
Swimming

Development Gala
A brilliant Development Gala took place in Ponds Forge in Sheffield on June 26th 2016 with 28 swimmers taking part. Medals were presented by Paralympian Matthew Walker MBE and Young Ambassador Ellie Simpson. A great experience for many new swimmers #PlayParticipateEnjoy

SplashStarts
Durham SplashStart is taking place on 17th July at Spennymoor Leisure Centre. All ages and abilities welcome to this fun and interactive family session. For more information please click here

Training Camp
A new style Swimming training camp is coming to Nottingham in October 2016. The day will include expert coaching and sport science CPD’s. It takes place on 30th October 2016. For more information on how to book a place, please click here

That’s it from us for now, but we’ll be back in July with lots more information.

Enjoy the summer and lets hope we get some great sunshine!

Best wishes from us all at Cerebral Palsy Sport

Cerebral Palsy Sport Team
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