Greetings!

Welcome to your monthly e-news from the Fundraising team at Cerebral Palsy Sport!

Thank you to everyone who has supported us in 2018 and we have lots of exciting news for 2019 for you.

We are delighted to be launching our 2019 CPCan fundraising campaign to mark Cerebral Palsy Awareness Month and you can find out more in this newsletter.

Calling all Runners!

Want a new challenge in 2019?

Cerebral Palsy Sport has a great 2019 programme of Running events for our supporters to take part in!

We have places in the Rushcliffe 10k, 5k and Family Run; Great North Run, Great Birmingham Run, Vitality London 10,000, the Greater Manchester Marathon and Manchester Half Marathon as well as other great events. The Manchester events are open to wheelchair racers and RaceRunners - so sign up!

We want to be able to support many more people with cerebral palsy to take up sport and physical activity and with your support we can do that!

Find out more about all our runs offers here!

Rushcliffe 10k, 5k & Fun Run 2019

Cerebral Palsy Sport is delighted to once again be the benefiting charity of the Rushcliffe 10k, 5k and
Fun Run 2019.

We have charity places available for the 10k, 5k and Family Fun Run on March 3rd. Places will be allocated on a first come served basis.

Join Team CP Sport at this really fun event and raise funds for us at the same time.

If you would like to volunteer as a volunteer marshal, please email fundraising@cpsport.org

Vitality London 10,000 2019

Cerebral Palsy Sport is delighted to announce that we have places in the Vitality London 10,000 for 2019 and entries are now open!

The Vitality London 10,000 is one of the UK’s most popular 10k runs. The city centre race takes a similar route to the Olympic Marathon and is a great race in which to see London’s most iconic landmarks.

Places will be allocated on a first come served basis.

Join Team CP Sport for this great Bank Holiday event and help us to change the lives of people with cerebral palsy through sport.

Join our CP Can Campaign to make a difference!

#CPCan Challenge - March 2019

March 2019 is Cerebral Palsy Awareness Month and we are celebrating it by running our CPCan Appeal.

Cerebral Palsy Sport has a special challenge for March 2019 with some great ways to raise funds for us:

- **#CPCan Challenge 2019** - run, walk, cycle, swim, throw, kick or jump as far as you can during the month of March - as we are trying to get all the way around the coastline of Britain. You can raise funds as you go and share your story with us!
- Join our **#CPCan Challenge 2019** and make a difference

You can also take on smaller challenges that works for you

- Take on a personal challenge – run our Rushcliffe 10k or a local 10k to giving up chocolate in March.
- If giving up chocolate for a month is a step too far – why not take the Smartie Challenge. Buy your children a Smartie tube of chocolate, let them enjoy the chocolates and then fill the tube with 5p, 10ps or 20ps and send them into us! The kids get a treat and the
Family can raise funds for us!
- You can also make a donation – you can donate to the appeal directly through our CPCan Appeal page.

Your support will make such a difference to the lives of people with cerebral palsy who want the chance to try and take part in sport!
Help us make that happen!

Join our Charity Golf Day!

Kevin O'Connor Charity Golf Day - 20th June 2019

Our brilliant supporter Kevin O'Connor will be hosting his 11th charity golf day at the very picturesque South Staffordshire Golf Club in aid of Cerebral Palsy Sport to help the development of swimmers with cerebral palsy on June 20th 2019.

Sign up your team and have a fantastic day of golf, meal and charity auction. This charity golf day helps raise funds for our Worcester Swimming Development Gala on October 2019.

#Team CP Sport London Marathon 2019

Cerebral Palsy Sport is delighted to start revealing our 2019 Team CP Sport Virgin London Marathon Runners.

Jason is the part of our team who will be taking on the challenge of the Virgin London Marathon course on April 28th 2019 and we will be sharing their stories in the run up to the big event.

Jason wants to run the London Marathon so he can raise awareness about cerebral palsy and raise funds to help in any way he can.

Thank You and Good luck Jason!

Read Jason’s story here

Want to take on Manchester Marathon?

Cerebral Palsy Sport is delighted to offer charity places for the Greater Manchester Marathon in April 2019.

The course is very flat and ideal for runners who wish to run personal bests or for first time marathon runners.

The race organisers have also opened entry to RaceRunners and wheelchair racers.

To sign up for a place, please visit our sign up page
Many of us shop online and while you’re doing so, you can make a contribution to Cerebral Palsy Sport.

Simply by registering at EasyFundraising.org.uk, you can access thousands of online retailers and they will make contributions to Cerebral Palsy Sport on your behalf – with no extra cost to you!
You can also raise fund when you switch energy suppliers, take out phone contracts or switch broadband providers.

Thank You!

Amazon Smile

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to our charity if you choose us to support.
AmazonSmile is the same Amazon you know. Same products, same prices, same service and we would then get a donation from your purchases.

Your support can transform the lives of people with cerebral palsy through sport!

Your fundraising can change lives!

Tyrone has hemiplegic cerebral palsy and just adores sport. He competes every season in the discus, shotput and javelin in Cerebral Palsy Sport's Athletics Series.

Tyrone represented England at the 2018 CPISRA World Games in Spain and won Bronze in the javelin. He also won our Senior Male Athletic Series 2018.
He always has a smile on his face and loves supporting other athletes.

Read Tyrone’s story here

Cerebral Palsy Sport really wants to celebrate the fantastic fundraising efforts of all our supporters.

We have a great My Fundraising Story section on our website! There are lots of incredible fundraising stories that have already been shared like Toni and Richard’s story and why their daughter with cerebral palsy inspired them to take on the Bubble Dash Challenge to support Cerebral Palsy Sport.

Do you have a fundraising story to share? If so please email fundraising@cpsport.org

Read more Fundraising My Stories here

Join our Lottery for chance to win £25,000!

Join our Unity Lottery for a chance to win £25,000

Fancy a chance to win £25,000. Players pay just £1 per week for a unique six-digit lottery number. You can buy as many lottery numbers as they like, for a greater chance to win.

Numbers are entered into a weekly draw, with various prizes including a £25,000 jackpot!

Sign up here

Thank You to our Funders and Supporters

Cerebral Palsy Sport want more people with cerebral palsy to take part in sport. We could not achieve what we do without the generous support of many charitable Trusts and Foundations.

- Laslett's Charity
- The Robert McAlpine Foundation
- The W.E.D Charitable Trust
- The Dunn Family Trust
- Middlesex Sports Foundation

Thank You for helping to make difference!
We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you and your family:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

**Gift Aid**

If you are a member of Cerebral Palsy Sport you can Gift Aid your donation or your membership fee for this year and the past 4 years.

If you would like to Gift Aid your donation or membership then, please contact fundraising@cpsport.org or download our Gift Aid form below.

By adding Gift Aid to your membership or donation, we can claim an extra 25p for every £1 at no cost to you! Thank you!