Greetings!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport.

It's been a busy summer of sport so far! We were delighted to see RaceRunners set and break world records at our Athletics Series in York - what an incredible achievement for Thomas Talbot and Rafi Solaiman.

There has been an huge amount of interest in RaceRunning and we have been delivering RaceRunning Start sessions across the country to support grassroots programmes and the development of this new athletics discipline.

We've also seen some fantastic football at the FA Disability Cup where teams from the CP National Football league took part in the CP final and we're are now enjoying supporting the England CP Football at the IFCPF World Cup in Seville. Good luck England! Want to play? Take a look at our upcoming female football and frame football opportunities below.

Don't forget - nominations for the Cerebral Palsy Sport Awards 2019 will close on 2nd August. The annual awards provide a fantastic opportunity to recognise all those involved in participating, delivering and supporting sports and activity for people with cp and associated physical impairments. Please find all the information below for making your nominations!

Please also find our event information below!

Swimming

Upcoming Swimming events:

Development Gala, Sheffield - 14th July 2019

At Ponds Forge International Sports Centre. The closing date has now passed - see you there and good luck to all those competing! All the details here.

Development Gala, Worcester - 19th October 2019
At Perdiswell Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 4th October 2019.

Enter here

Development Gala, Durham - 1st December 2019

At Freeman’s Quay Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 15th November 2019.

Enter here

If you are interested in volunteering at our Swimming events please contact us here
For a full list of the Cerebral Palsy Sport swimming events in 2019 click here

Athletics

Events reports:

Athletics Series, York - 15th June 2019

The third event in our Athletics Series this season and our biggest entry so far across the track and field events. The day finished with two World Records being set in RaceRunning; Rafi Solaiman set a new world record for the RR3 200m (Senior) of 35.99 sec and Thomas Talbot established a new world record for the RR2 1500m (U16) of 7.15.34. Read the full report here
RaceRunning Start Session, Sheffield - 30th June 2019

A RaceRunning Start Session was hosted at the English Institute of Sport’s indoor athletics track, Sheffield. Cerebral Palsy Sport’s Young Sporting Ambassadors Ellie Simpson, and Matt Humphreys were on hand to demo and give tips as well as UK Athletics coach Phil Fleetwood. Everyone had a great time and were able to have a good run around on the RaceRunners. Read the full report here

Upcoming Athletics events:

RaceRunning Start Session, Kingston-upon-Thames - 22nd July 2019

A RaceRunning Start Session for all those new to the sport at Kingsmeadow Athletics Track, Kingston-upon-Thames.

Register here

Athletics Series - Derby - 10th August 2019

At Moorways Stadium, Derby. Athletics events for juniors and seniors - Track & Field Programme. Suitable for Ambulant, Wheelchair and RaceRunning athletes. Athletes must be aged 8 years or above. Closing date 19th July.

Enter here

Cerebral Palsy Sport National Athletics Championships - 21st September 2019
The Annual National Athletics Championships are taking place on Saturday 21st September 2019 at Keepmoat Athletics Stadium, Stadium Way, Doncaster. Events for Juniors, Seniors – Track & Field. Suitable for Ambulant, Wheelchair and RaceRunning athletes. Athletes must be aged 11 years or above, by 31 December 2019, to enter the National Athletics Championships. Closing date 23rd August.

If you are interested in being a volunteer or official for our Athletics events please contact us here For a full list of Cerebral Palsy Sport Athletics events click here

Athletics & Swimming Training Camp 2019

A Cerebral Palsy Sport training camp will be taking place on Sunday 6th October 2019, World CP Day, at the David Ross Sports Village, University of Nottingham. The camp is for any athletes and swimmers aged 9+ with cerebral palsy who are training regularly. The camp will include a practical session with experienced coaching and 2 bespoke seminars.

We will be holding our annual CP Sport Awards ceremony and AGM at this event.

SportStart Camps

Upcoming SportStart Camps:

SportStart Camp, Ipswich - 2nd August 2019

At Gainsborough Sports and Community Centre. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

Register here
SportStart Camp, 
Wolverhampton - 
14th September 2019

At the Community Sports & Leisure Centre, Our Lady & St Chad Academy, Wolverhampton. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

Register here

For a full list of Cerebral Palsy SportStart events click here

Football

Events report:

FA Disability Cup - 15th & 16th June 2019

This year’s event took place over the weekend 15th – 16th June at St Georges Park. The Cerebral Palsy Final took place on the Saturday afternoon between CP North West and North East & Yorkshire. CP North West won the match 8-1. Read more here

Upcoming Football events:

Cerebral Palsy Female Football Event, Burton-on-Trent - 4th August 2019

A female football event to encourage female players with cp and associated disabilities to attend whether they have played football before or are looking to get started. Includes a tour of the facilities at St Georges Park, home the national sides and the opportunity to play
Cerebral Palsy Female Football Event at St Georges Park

In support of the World Cup in France, a great time to take part in Female Football. Cerebral Palsy Females are invited to a full afternoon of football activities, prior to the opening of the World Cup and the opportunity to meet other players.

Please contact Richard Emerson on 01253 905704 or richard.emerson@cpsport.org for more information.

All players will receive a lunch pack and medal for taking part. The event is FREE to take part in but places are limited. All participants must complete a Registration Form by Monday 29th July.

Register here

Frame Football Development Day, Burton-on-Trent - 29th September 2019

Cerebral Palsy Sport are supporting the Frame Football Foundation to deliver a second Frame Football Development Day at St Georges Park in September 2019. The day will provide an opportunity for Frame users to participate in training and skills sessions followed by games.

More details

For more information about Frame Football contact us here
Where can I play CP Football and Frame Football? Click here

Please note we are already booking events in the diary for 2020 (yes 2020!) please find the full events calendar here

Cerebral Palsy Sport Awards 2019

The Cerebral Palsy Sport Awards are back for a 4th year with the ceremony taking place on World CP Day, Sunday 6th October, at the David Ross Sports Village, University of Nottingham from 5pm – 6.30pm. The awards provide a fantastic opportunity to recognise all those involved in participating, delivering and supporting sports and activity for people with cerebral palsy and associated physical impairments.

NOMINATE NOW USING THE FOLLOWING BUTTONS:

Sports Achiever of the Year
Coach of the Year
Club of the Year
#MyStory

Thank you to Tully for sharing her sporting story. Tully is a European Swimming Champion and also takes part in RaceRunning events.

Read Tully's story

If you have a cp sporting story you would like to share in #MyStory please email us here

CPD Courses

Cerebral Palsy and Sport Awareness Workshop The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with Cerebral Palsy Sport

**NEXT COURSE:** 20th November 12pm-3pm (Nottingham)

Course information

Resources and Equipment
Resources from CP Sport

Available from our online shop

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what it involves.

You can purchase the following resources from our online shop:

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6
- Boccia Games Resource - £29

All prices above include VAT and delivery and we offer 10% discount to Organisation Members.

Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

Organisation Members