Greetings!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport.

We hope you are having a wonderful summer so far. We’ve been out meeting lots of you through our SportStart events, Swimming Development Galas and Athletics Series. We also held a Female CP Football event at St George’s Park last weekend - the home of the England football teams! Find out more about our news below.

Congratulations goes to our Young Sporting Ambassador Ellie Simpson who broke a RaceRunning world record at the end of July - another fantastic achievement for Ellie after taking up athletics just 7 years ago.

Please also find our event information below, we hope to see you soon!

**Swimming**

**Event report:**

**Development Gala, Sheffield - 22nd July**

This took place on 22nd July at Ponds Forge ISC. We had 25 swimmers take part. All of the swimmers did some fantastic swims and all 25 went home with at least one medal and a certificate.

[Read the full event report here](#)

**Upcoming Swimming events:**

[**Worcester Development Gala** -](#)
19th October 2019
At Perdiswell Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 4th October 2019.
Enter here

Durham Development Gala - 1st December 2019
At Freeman’s Quay Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 15th November 2019.
Enter here

If you are interested in volunteering at our Swimming events please contact us here
For a full list of the Cerebral Palsy Sport swimming events click here

Athletics

Upcoming athletics events:

Athletics Series - Derby - 10th August 2019
At Moorways Stadium, Derby. The closing date has passed but please come along and show your support. Good luck to all those taking part!
Track & Field Programme

Cerebral Palsy Sport National Athletics Championships - 21st September 2019
The Annual National Athletics Championships are taking place on Saturday 21st September 2019 at Keepmoat Athletics Stadium, Stadium Way, Doncaster. Events for Juniors, Seniors – Track & Field. Suitable for Ambulant, Wheelchair and RaceRunning athletes. Athletes must be aged 11 years or above, by 31 December 2019, to enter the National Athletics Championships. Closing date 23rd August.

If you are interested in being a volunteer or official for our Athletics events please contact us here For a full list of Cerebral Palsy Sport Athletics events click here

Athletics & Swimming Training Camp 2019

A Cerebral Palsy Sport training camp will be taking place on Sunday 6th October 2019, World CP Day, at the David Ross Sports Village, University of Nottingham. The camp is for any athletes and swimmers aged 9+ with cerebral palsy who are training regularly. The camp will include a practical session with experienced coaching and 2 bespoke seminars.

We will be holding our annual CP Sport Awards ceremony and AGM at this event so please do come along even if you aren’t involved in the training camp!

We will be recognising World CP Day on the day, joining the international campaign.

Register here

SportStart Camps

Event report:

Ipswich SportStart Camp - 2nd August 2019

The Ipswich SportStart Camp 2019 took place at Gainsborough Sports and Community Centre. There were 19 participants altogether ranging from the age of 5 up to 24. Mike Diaper and Chris Whitaker from Sport England were also in attendance.

Read the full event report here

Upcoming SportStart Camps:
Wolverhampton SportStart Camp
14th September 2019

At the Community Sports & Leisure Centre, Our Lady & St Chad Academy, Wolverhampton. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

Register here

Manchester SportStart Camp - 24th November 2019

At Parrs Wood High School. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

Register here

Football

Event report:

Cerebral Palsy Female Football Event, Burton-on-Trent - 4th August 2019

St Georges Park, near Burton on Trent welcomed female players along to the Cerebral Palsy Sport Female Football event on Sunday 4th August 2019.

Following the success and profile form the Lionesses, 10 enthusiastic players attended the event with a range of experience, at training venue for the England National sides. After the event one of the parents said,

“This was such an excellent and valuable experience for our daughter as she took part in activities that she would usually find daunting. She loved the event, made friends which she usually finds difficult and her confidence grew. Well done to the staff who run these fantastic events for females with CP.”
Upcoming football events:

Frame Football Development Day, Burton-on-Trent - 29th September 2019

Cerebral Palsy Sport are supporting the Frame Football Foundation to deliver a second Frame Football Development Day at St Georges Park in September 2019. The day will provide an opportunity for Frame users to participate in training and skills sessions followed by games.

More details

For more information about Frame Football contact us here
Where can I play CP Football and Frame Football? Click here

Check for events coming up in 2020 here

#MyStory
If you have a cp sporting story you would like to share in #MyStory please email us here We love to hear about the impact sport has for participants, families and professionals.

CPD Courses

Cerebral Palsy and Sport Awareness Workshop The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with Cerebral Palsy Sport

NEXT COURSE: 20th November 12pm-3pm (Nottingham)

Course information

Resources and Equipment
Resources from CP Sport

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what is involves.

You can purchase the following resources from our online shop

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6
- Boccia Games Resource - £29

All prices above include delivery and we offer 10% discount to Organisation Members.

Buy now

Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

Organisation Members
Our Funders

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Visit our website

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