Greetings!

Welcome to your monthly update from the Sports Development team at Cerebral Palsy Sport. We hope you have enjoyed the late summer sunshine!

Our Athletics Series 2019 is complete and we are now preparing for our flagship event, the National Athletics Championships at the Keepmoat Stadium in Doncaster on Saturday 21st September. Please do come along to support the athletes and good luck to everyone taking part.

The Football season has well and truly started and this month the National CP Football league North and South Fixtures take place.

There is some fantastic work going on in the development of RaceRunning around the country. Read more about how we have been supporting a club in Bath here

It’s World CP Day on Sunday 6th October, we’ll be celebrating with activity at our annual training camp, Awards and Gm/AGM. Why not join the #CPMoveAsOne activity!

Please find our event information below, we hope to see you soon.

**Swimming**

**Upcoming Swimming events:**

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**Worcester Development Gala - Saturday 19th October 2019**

At Perdiswell Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 4th October 2019. Entry fee: £11 Juniors, £12 seniors (£16.50/£18 Non CP Sport members)
Durham Development Gala -
Sunday 1st December 2019

At Freeman’s Quay Leisure Centre. For children and adults with cerebral palsy or a physical disability. All abilities of swimmers are welcome, floatation aids or a helper in the water are allowed. Closing date 15th November 2019.

Entry fee: £11 Juniors, £12 seniors (£16.50/£18 Non CP Sport members)

If you are interested in volunteering at our Swimming events please contact us here
For a list of the Cerebral Palsy Sport swimming events in 2019 and 2020 click here

Athletics

Event report:

Athletics Series - Derby -
Saturday 10th August 2019

The final event of the CP Sport Athletics Series was held in Derby and despite the challenging weather conditions we saw some great competition in both the field and track events and some new younger athletes taking part. It was fantastic to watch Cerebral Palsy Sport Young Ambassador Ellie Simpson in action as newly confirmed 200m RR3 World Record Holder.

Read the full report
Upcoming Athletics event:

Cerebral Palsy Sport National Athletics Championships - Saturday 21st September 2019

The Annual National Athletics Championships are taking place on Saturday 21st September 2019 at Keepmoat Athletics Stadium, Stadium Way, Doncaster. Events for Juniors and Seniors – Track & Field. Entries are now closed but we’d love to have spectators come along to support!

Event details

RaceRunning Start Session, Kingston upon Thames - Friday 1st November 2019

Come and try RaceRunning at Kingsmeadow Athletics Track, Kingston-upon-Thames. The session is open to any age with any physical disability. Siblings are also welcome to join in too. Registration is required.

Register here

If you are interested in being a volunteer or official for our Athletics events
Athletics & Swimming Training Camp -
Sunday 6th October 2019 - University of Nottingham

A Cerebral Palsy Sport training camp will be taking place on Sunday 6th October 2019, World CP Day, at the David Ross Sports Village, University of Nottingham. The camp is for any athletes and swimmers aged 9+ with cerebral palsy. The camp will include a practical session with experienced coaching and 2 bespoke seminars.

There will be the opportunity to join the Worldwide CP Move As One event as part of the day too #CPMoveAsOne

We will be holding our annual **CP Sport Awards** ceremony and GM / AGM at this event so please do come along even if you aren't involved in the training camp! Find out who are our 2019 Award finalists [here](#)

We will be recognising World CP Day on the day, joining in on activity for this years international campaign.

### SportStart Camps

**Upcoming SportStart Camps:**

**Wolverhampton SportStart Camp**
**Sunday 14th September 2019**

At the Community Sports & Leisure Centre, Our Lady & St Chad Academy, Wolverhampton. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

£6 CP Sport member (£8 non-member)

[Register here](#)

**Manchester SportStart Camp - Sunday 24th November 2019**

At Parrs Wood High School. Come and have a go at a new sport or activity at our SportStart Camp. A range of local sports clubs will be present. Registration in advance is required.

[Register here](#)
Find out more about SportStart events [here](#) or contact jennifer.basford@cpsport.org for further information.

## Football

### Upcoming football events:

#### Football KickStart, Oxford - Saturday 28th September 2019

Cerebral Palsy Sport will be delivering a Free CP Football KickStart session with Summertown Stars AFC and Oxfordshire CFA. At St Philip & St James School, Summertown. For aged 5 and over including adults with CP and associated physical disabilities, who would like to play football.

All abilities are welcome. Players will take part in fun activities, develop skills with the ball and play games.

Free to attend, registration required.

#### Frame Football Development Day, Burton-on-Trent - Sunday 29th September 2019

Cerebral Palsy Sport are supporting the Frame Football Foundation to deliver a Frame Football Development Day at St Georges Park in September 2019.

The day will provide an opportunity for Frame users to participate in training and skills sessions followed by games.
Open Day, Milton Keynes - Saturday 19th October 2019

Cerebral Palsy Sport are working with MK Dons Sport and Education Trust and Berks & Bucks FA to deliver a free morning of football activity. Includes Frame Football, Wheelchair Football and Female CP Football.

Click for more details

The National CP Football League kicks off this month! Good luck to all the teams competing in the North and South fixtures on the 28th September.

For more information about Frame Football contact us here

Where can I play CP Football and Frame Football? Click here

Other upcoming events!

Come and give it a go Tri! Manchester - 29th September 2019

Cerebral Palsy Sport is working in partnership with Limbpower, British Triathlon and McA Fitness and Event to run a series of ‘Go Tri’ events throughout 2019. The triathlons are specifically for anyone who has cerebral palsy or a limb impairment.

Find out more

#MyStory

#MyStory
Tell us your story
If you have a cp sporting story you would like to share in #MyStory please email us [here](mailto:email@domain.com). We love to hear about the impact sport has for participants, families and professionals.

**CPD Courses**

Cerebral Palsy and Sport Awareness Workshop The session will provide knowledge and understanding of what Cerebral Palsy is, the opportunities within disability sport and given guidance and advice to those who lead sport and physical activity.

This course will cover:

- What is cerebral palsy?
- What are the barriers for people with cerebral palsy when accessing sport?
- Adapting sport to suit those with cerebral palsy
- Safety considerations when supporting people with cerebral palsy in sport
- How to promote sport to people with cerebral palsy
- Different pathways and opportunities available with Cerebral Palsy Sport

**NEXT COURSE:** 20th November 12pm-3pm (Nottingham)

**Course information**

**Resources and equipment**

Cerebral Palsy Sport has a range of resources to help professionals, coaches, PE staff and parents learn more about what cerebral palsy is and what is involves.

- Swimstart DVD - £10
- An Introduction to RaceRunning - £6
- Frame Football – A new way to play the beautiful game - £6
- Boccia Games Resource - £29

All prices above include delivery and we offer 10% discount to Organisation Members.
Order resources

National Boccia Day!

Get ready for National Boccia Day on 27th September - we stock a wide range of Boccia balls, referees kit and bags as well as a fantastic Boccia Games resource!

Visit our shop

Membership

We have several Cerebral Palsy Sport membership opportunities. Please choose the right membership package to suit you, your family or your role within sport:

- Individual Membership
- Family Membership
- Free Affiliate Membership
- Life Membership
- Professional Membership
- Organisation Membership

Organisation Members