

CP Football Kickstart Event – Portsmouth – 28th March 2015

On Saturday 28th March Cerebral Palsy Sport, Pompey in the Community and Hampshire FA hosted a CP Football Kickstart event at Roko Health Club to launch a new session for participants with cerebral palsy and other physical disabilities. A facility that is the training home of lots of Pompey in the Community football activity, and occasionally the Portsmouth FC first team, formed a great setting to introduce our new football players.



With 16 new arrivals to the club, the latest Portsmouth FC team jumped straight into their first training session led by coaches from CP Sport, Pompey in the Community and Hampshire FA. Introduced through initial activities around individual possession and movement with the ball, players soon developed their confidence to progress onto team possession involving passing and receiving.

Lots of fun and engaging games, delivered in a friendly and positive environment, helped all our players settle in straight away and enjoy the beautiful game. Spectators watched on from the side-lines, impressed by the skills on show and cheering louder than the stands at Fratton Park.

England and Great Britain CP Football start Martin Sinclair was in attendance to offer tips, encouragement and personal experience to help our players reach their sporting potential. A brilliant ambassador for the game, Martin helped all our footballers understand what you can achieve if you give your best in everything you do and chase your footballing dreams.

As the session came to a close, players came up to receive their certificates and medals from Martin, greeted to applause to rival the FA Cup Final. Smiles filled the room of coaches, supporters and players after what had been a great first session to kickstart CP football in Portsmouth.



Full-time for the football session was closely followed by kick-off down the road at Fratton Park, with a pitch side presentation prior to the game. Pompey mascot Nelson joined the team for photos on the pitch in front of a growing crowd in the stands. Our players then took to the stands themselves to watch the first team in action with huge thanks to Pompey in the Community and Portsmouth FC.

A great day of football was made possible by Mike Pink at Pompey in the Community and his team, Hampshire FA, The Rainbow Centre and all of our players & supporters.

Regular CP Specific sessions will follow on to ensure participants continue to enjoy their football. For more information please contact:

Pompey in the Community on 023 9272 8899
Facebook: Pompey in the Community Disability Sport
Twitter: @PITC_Disability

If you have any questions about the CP Sport Football Development Programme please contact Sam Turner at Sam.Turner@cpsport.org