

**Hammer Comp 1**

#	First Name	Last Name	G	AT	AG	Club
46	Sam	Mace	M	Open	U20	Walton AC
83	Kyle	Stevens	M	Open	Senior	KACPH
73	Rob	Smith	M	Open	Senior	Walton AC
16	Gareth	Cook	M	Open	M45	KACPH
88	Steve	Simmons	M	Open	M45	KACPH
10	Nicola	Bell	F	Open	U20	Walton AC
79	Jessica	Westley	F	Open	U20	KACPH
82	Pippa	Wingate	F	Open	Senior	KACPH
54	Barbara	Norris	F	Open	W50	WSEH

**Shot Put Comp 1**

#	First Name	Last Name	G	AT	AG	Club
15	Thomas	Conroy	M	Open/CPS	U17	Watford Harriers
55	Conor	O'Hare	M	Open/CPS	U20	Chelmsford AC
100	Charlie	Marshall	M	Open	U20	SOWH
29	Philip	Gowers	M	Open	M50	city of Portsmouth AC
5	Mike	Bale	M	Open	M60	Haywards Heath Harriers
26	John	Gilbert	M	Open	M70	Invicta East Kent
11	Abigail	Birch	F	Open	U17	Cornwall athletic club
81	Julie	Wilson	F	Open	W55	Reading AC

**Long Jump Comp 1**

#	First Name	Last Name	G	AT	AG	Club
98	Emily	Scally	F	Open	W45	SOWH
37	Lacey	Hughes	F	Open	U17	SOWH
94	Liam	Daniel	M	Open	U15	SOWH
99	Toby	Chadwick	M	Open	U15	SOWH
95	Ollie	Grace	M	Open	U20	SOWH

**Hammer Comp 2**

#	First Name	Last Name	G	AT	AG	Club
47	Declan	Manning	M	Open	Senior	CoNAC
68	Keith	Seldon	M	Open	M60	Hillingdon ac
5	Mike	Bale	M	Open	M60	Haywards Heath Harriers
26	John	Gilbert	M	Open	M70	Invicta East Kent
49	Chris	Melluish	M	Open	M70	Cambridge Harriers
81	Julie	Wilson	F	Open	W55	Reading AC
86	Kim	Weir	F	Open	W55	St Marys AC
71	Debbie	Singleton	F	Open	W55	Walton AC

**Long Jump Comp 2**

#	First Name	Last Name	G	AT	AG	Club
6	Martina	Barber	F	Open	Senior	Stevenage North Herts AC
23	Taylah	Fothergill	M	Open	U17	SOWH
87	Karim	Chan	M	Open	U20	Charnwood
97	Daniel	Price	M	Open	U20	SOWH
56	Jordan	Okonta	M	Open	U23	SOWH
30	Sam	Gratton	M	Open	U23	SOWH

**Shot Put Comp 2**

#	First Name	Last Name	G	AT	AG	Club
48	Aaron	Marlow	M	Open	U17	KACPH
83	Kyle	Stevens	M	Open	Senior	KACPH
16	Gareth	Cook	M	Open	M45	KACPH
47	Declan	Manning	M	Open	Senior	CoNAC
68	Keith	Seldon	M	Open	M60	Hillingdon ac
64	Anthony	Richards	M	Open	M65	Highgate Harriers
10	Nicola	Bell	F	Open	U20	Walton AC

**Discus Comp 1**

#	First Name	Last Name	G	AT	AG	Club
11	Abigail	Birch	F	Open	U17	Cornwall athletic club
81	Julie	Wilson	F	Open	W55	Reading AC
71	Debbie	Singleton	F	Open	W55	Walton AC
15	Thomas	Conroy	M	Open/CPS	U17	Watford Harriers
55	Conor	O'Hare	M	Open/CPS	U20	Chelmsford AC
29	Philip	Gowers	M	Open	M50	City of Portsmouth AC
26	John	Gilbert	M	Open	M70	Invicta East Kent

**Discus Comp 2**

#	First Name	Last Name	G	AT	AG	Club
92	Katie	Lyons	F	Open	U17	KACPH
42	Tait	Jones	F	Open	U20	Shaftesbury Barnet
48	Aaron	Marlow	M	Open	U17	KACPH
47	Declan	Manning	M	Open	Senior	CoNAC

53	Michael	Nicholls	M	Open	Senior	Shaftbury barnet harriers
16	Gareth	Cook	M	Open	M45	KACPH
68	Keith	Seldon	M	Open	M60	Hillingdon ac
5	Mike	Bale	M	Open	M60	Haywards Heath Harriers
64	Anthony	Richards	M	Open	M65	Highgate Harriers

**Javelin**

#	First Name	Last Name	G	AT	AG	Club
10	Nicola	Bell	F	Open	U20	Walton AC
9	Florence	Baulk	F	Open	U20	Woking AC
77	Lotte	Visser	F	Open	Senior	Hillingdon Athletics Club
48	Aaron	Marlow	M	Open	U17	KACPH
36	Matthew	Houghton	M	Surrey	U23	Epsom and Ewell Harriers
89	Philip	Trant	M	Open	Senior	Porstmouth AC
68	Keith	Seldon	M	Open	M60	Hillingdon ac
2	Victor	Adcock	M	Open	M80	SCVAC

FC	Weight	Best Throw	Open	Surrey
N/A	6kg	61.83	1	N/A
N/A	7.26kg	47.10	1	N/A
N/A	7.26kg	42.71	2	N/A
N/A	7.26kg	52.28	1	N/A
N/A	7.26kg	34.77	2	N/A
N/A	4kg	37.51	1	N/A
N/A	4kg	35.86	2	N/A
N/A	4kg	59.45	1	N/A
N/A	3kg	50.58	1	N/A

FC	Weight	Best Throw	Open	Surrey
F37	3kg	8.13	1	N/A
F35	4kg	8.00	1	N/A
F20	4kg	7.27	1	N/A
F38	5kg	8.38	1	N/A
N/A	5kg	8.12	1	N/A
N/A	4kg	8.65	1	N/A
F41	3kg	4.65	1	N/A
N/A	3kg	9.54	1	N/A

JC	Wind	Best Jump	Open	Surrey
T20	1.0	2.98	1	N/A
T20	-1.3	2.61	1	N/A
T20	2.5	3.99	1	N/A
T20	1.5	3.03	2	N/A
T20	-1.1	3.71	1	N/A

FC	Weight	Best Throw	Open	Surrey
F20	7.26kg	34.28	1	N/A
N/A	5kg	33.40	1	N/A
N/A	5kg	32.45	2	N/A
N/A	4kg	31.67	1	N/A
N/A	4kg	28.49	2	N/A
N/A	3kg	34.13	1	N/A
N/A	3kg	31.06	2	N/A
N/A	3kg	26.73	3	N/A

JC	Wind	Best Jump	Open	Surrey
T20	-0.50	4.54	1	N/A
T20	-0.60	4.42	1	N/A
T20	-1.00	5.42	1	N/A
T20	0.70	4.04	2	N/A
T20	2.20	5.61	1	N/A
T20	0.10	4.85	2	N/A

FC	Weight	Best Throw	Open	Surrey
N/A	5kg	10.63	1	N/A
N/A	7.26kg	12.99	1	N/A
N/A	7.26kg	11.15	2	N/A
F20	7.26kg	11.62	1	N/A
N/A	5kg	10.70	1	N/A
N/A	5kg	11.19	1	N/A
N/A	4kg	9.58	1	N/A

FC	Weight	Best Throw	Open	Surrey
F41	1kg	12.82	1	N/A
N/A	1kg	29.04	1	N/A
N/A	1kg	20.64	2	N/A
F37	750g	27.83	1	N/A
F35	1kg	18.59	1	N/A
F38	1.5kg	24.82	1	N/A
N/A	1kg	25.46	1	N/A

FC	Weight	Best Throw	Open	Surrey
N/A	1kg	34.60	1	N/A
N/A	1kg	40.05	1	N/A
N/A	1.5kg	33.77	1	N/A
F20	2kg	30.52	1	N/A

F44	1.5kg	43.92	1	N/A
N/A	2kg	37.48	1	N/A
N/A	1kg	32.20	1	N/A
N/A	1kg	27.68	2	N/A
N/A	1kg	35.74	1	N/A

FC	Weight	Best Throw	Open	Surrey
N/A	600g	37.88	1	N/A
N/A	600g	32.26	2	N/A
N/A	600g	20.05	1	N/A
N/A	700g	32.54	1	N/A
F20	800g	18.16	1	1st
F44	800g	35.00	1	N/A
N/A	600g	37.98	1	N/A
N/A	400g	29.60	1	N/A