

CPIISRA RACERUNNING DEVELOPMENT PLAN

2019-2022



access to sport

FOREWARD

RaceRunning is a track athletics event for athletes with severe physical impairment. CPISTRA has been working with its members for the last decade to try and establish RaceRunning as a World Para-Athletics event. This goal was achieved in October 2017, when WPA & CPISTRA issued a press release stating that WPA would recognise RaceRunning as an athletics event from 1st January 2018, and agreed that the event could be included in the WPA European Championships 2018.

World Para-Athletics became responsible for the Rules & Regulations of RaceRunning from 1st January 2018. When the evidence-based classification system has been ratified, WPA will be responsible for all aspects of the RaceRunning elite Paralympic pathway. This does not mean CPISTRA will no longer be involved in the development of RaceRunning. This paper outlines what this role will be. CPISTRA's role will continue to be crucial to increasing participation and geographic expansion.

INTRODUCTION

This report is designed to make the direction of RaceRunning clear for the next 4 years. As a recognised World Para Athletics event, as of 1st January 2018, CPISTRA's involvement in RaceRunning will change. CPISTRA's involvement will focus on Recreation, competitions up to CPISTRA World Games, and distance events including road races.

CPISTRA will continue to develop and promote both recreation and competition participation, including providing competitions up to the level of the World CPISTRA Games. World Para Athletics will be responsible for the Paralympic Pathway, and will be the Governing body for RR1, RR2, & RR3 classes or any new WPA classes created after the classification research is completed.

1. Our Vision:

For RaceRunning to become one of the highest participation disability sports and recreational activities for people with Cerebral Palsy, and related neurological conditions.

Our Mission:

- a. To introduce RaceRunning to all regions of the world.
- b. To grow grassroots participation to enable RaceRunning to become a sustainable Para Athletics event.
- c. To work in Partnership with World Para-Athletics to develop RaceRunning, and for RaceRunning to become the most popular Para Athletics event amongst spectators.
- d. To provide international development competitive opportunities for athletes with Cerebral Palsy and related neurological conditions.

2. MAKING IT HAPPEN (MANAGEMENT SUMMARY)

The CPISTRA International RaceRunning committee will be responsible for undertaking and implementing CPISTRA's role. The role will be delivered in partnership with its members and other key stakeholders.

It will develop an implementation plan to be reviewed at 6 monthly intervals. This plan will be delivered in line with key objectives, and in accordance with its vision and mission.

CPISTRA will do this by:

- a) Developing RaceRunning Awareness, and coaching material.
- b) Delivering Awareness and coaching material either in the form of workshops, or creating online platforms.
- c) Work with members and other stakeholders to develop the Danish RaceRunning Camp model in other geographical regions.
- d) Deliver Regional RaceRunning camps in line with the Danish model.
- e) Use the RaceRunning camps as the catalyst for Regional Competitions.
- f) Deliver Regional RaceRunning competitions. E.g. CPISTRA European RaceRunning Championships.

3. CPIIRA RACERUNNING COMPETITION PATHWAY

CPIIRA will offer competitive opportunities for all athletes and classifications. This pathway will develop over time, to allow all athletes to experience competition up to the level of CPIIRA international competitions. The CPIIRA pathway will also allow all athletes to compete across distances that are not included in World Para Athletics events.

CPIIRA:

CPIIRA Member Competitions and Events → CPIIRA Regional RaceRunning Championships → CPIIRA World RaceRunning Championships → CPIIRA World Games.

The CPIIRA World Games will be held every 4 years from 2018. Likewise, the CPIIRA European RaceRunning Championships will be held every 4 years from 2019, and the CPIIRA World RaceRunning Championships will also be held every 4 years from 2020. CPIIRA aim to have an Americas RaceRunning Championship, and an Asian RaceRunning Championship by 2021.

4. CLASSIFICATION

The current CPISTRA classification system will be operational until the end of 2018. Following this, an evidence-based classification system will be introduced under World Para Athletics.

Beyond the introduction of the new World Para Athletics classification system, CPISTRA classifiers may still be required for the classification of non-WPA classes included at CPISTRA international competitions. CPISTRA will no longer train classifiers, but instead work in partnership with WPA to fulfil this need. It is envisaged that some WPA classifiers will also be designated CPISTRA classifiers.

CPISTRA will continue to keep and maintain a classification master list for non-WPA classifications. These classes are likely to be RR1* and RR4.

RR1* will be those athletes that fall within the most severe end of the RR1 classification spectrum. This will not be a separate class or sub-class, but will be those RR1 athletes who require assistance to compete within this class. This assessment will be made at the technical assessment phase of the classification process. This distinction will only apply to competitions within the CPISTRA competition pathway.

RR4 will be for those athletes with Cerebral Palsy, and related neurological conditions, who don't meet the minimum disability criterion for the WPA RaceRunning classification. The only criterion for this class, is that the athlete must meet the minimum disability criterion for the ambulant 30 classes, in the WPA classification rule book. This class will only be able to compete in CPISTRA competitions, and only in track events over 1,500m and road race.

Beyond 2018, the role of CPISTRA RaceRunning Head of Classification will still continue, and will be required to sit on the International RaceRunning Committee.

5. RULES AND REGULATIONS

CPISTRA will use the WPA rule book. CPISTRA will create additional rules for the more severe RR1 athletes, These will include allowing these athletes to have 2 lanes and assistant to help the athlete steer the frame as they go down the track

6. OTHER IMPAIRMENT GROUPS

CPISTRA's function is to provide sporting and recreational opportunities for athletes with Cerebral Palsy, and related neurological conditions. CPISTRA's approach to RaceRunning will be no different, and will focus on this impairment group.

CPISTRA is aware that other impairment groups may wish to participate in RaceRunning either as a recreational activity, or, as a competitive athletics event. CPISTRA will support this by raising awareness, and providing information. However, CPISTRA will not work to develop classification systems and competition pathways for other impairment groups. Going forward this is now a role for other International Disability Sports Organisations, and World Para- Athletics.