

National Athletics Championships 2019 Programme

Saturday 21st September 2019, Doncaster

Registration opens 8am

Events start 9am

Supported by



**THE
ROBERT McALPINE
FOUNDATION**

Welcome

Cerebral Palsy Sport would like to welcome you to the Cerebral Palsy Sport National Athletics Championships 2019. We would like to thank the Robert McAlpine Foundation for their generous support and sponsorship of the 2019 Athletics Series and National Championships.

We would also like to take this opportunity to thank all the track and field officials, volunteers, and members of Doncaster AC, who have made this event possible and to those who have supported us throughout the season in delivering the CP Sport Athletics Series 2019.

FIELD PROGRAMME

Event No	Event	Class	Gender	Event Time
F1	Seated Club	F31, F32	M/F	0900
F2	Seated Javelin	F33, F56	M/F	1000
F3	Seated Discus	F31, F32, F33, F56	M/F	1050
F4	Ambulant Javelin/Javball	F35, F37, F38	M/F	1100
F5	Ambulant Shot	F35, F36, F37, F38	M/F	1300
F6	Seated Shot	F31, F32, F33, F34, F56	M/F	1410
F7	Long Jump	F37, F38	M/F	1515
F8	Ambulant Discus	F35, F36, F37, F38	M/F	1520

TRACK PROGRAMME

Event No	Event	Class	Gender	Event time
T1	60m Ambulant	T35	M	0900
T2	100m Wheelchair	T33	M	0915
T3	100m Ambulant	T38	M	0920
T4	100m Ambulant	T35, T36, T37	M	0925
T5	100m RaceRunning	RR2, RR3	M	0930
T6	100m Ambulant	All	F	0935
T7	100m RaceRunning	RR2	F	0940
T8	100m Wheelchair	T34	F	0945
T9	200m Wheelchair	T33	M	1000
T10	200m Ambulant	T38	M	1010
T11	200m Ambulant	T20, T36, T37	M	1020
T12	200m RaceRunning	RR3	M	1030
T13	200m RaceRunning	RR2	M	1040
T14	200m Ambulant	All	F	1050
T15	200m RaceRunning	RR2, RR3	F	1100
T16	200m Wheelchair	T34	F	1110
T17	400m RaceRunning	RR2, RR3	M	1300
T18	400m RaceRunning	RR2, RR3	F	1310
T19	400m Ambulant	All	M	1320
T20	400m Wheelchair	T33	M	1330
T21	400m Ambulant	T35	F	1340
T22	800m Ambulant	All	M	1350
T23	800m RaceRunning	RR2	M	1420
T24	800m RaceRunning	RR3	M	1440
T25	800m RaceRunning	RR3	F	1500
T26	1500m Ambulant	T38	M	1530

*Please note all times are subject to change

Registration

Registration will open at 8am. Please register on arrival and collect your number.

Personal implements may be used in the competition. Officials will be located in the equipment store to check and weigh individual items. Please ensure you do this in advance of your competition time.

Field Events

All athletes will be allowed six throws/jumps. Seated throwers will complete three throws then a short break if required, then a further three throws.

Athletes in seated throws are to report directly to the event location with their throwing frames. Officials will be checking frames prior to the competition starting and athletes are reminded to ensure their competition number is displayed on the throwing frame as well as their back.

Track Events

All ambulant field athletes are required to report to event location 15 minutes prior to the scheduled event time. Where an athlete may have a clash of events i.e. field/track please notify the officials.

Wheelchair/RaceRunner racers must report to the track marshal 15 minutes prior to the scheduled event time. Athletes are required to have their competition numbers displayed on the back and front left side of their Wheelchair/RaceRunner

Competition Rules

The Cerebral Palsy Sport's National Athletics Championships will be run under International Paralympic Committee Athletics Rules and Regulations 2018-2019.

Withdrawals

Event withdrawal during competition

- If an athlete is required to withdraw from an event on the day due to injury or illness they must notify the Event Organiser or the registration desk immediately so that officials can be informed. Failure to do so may result in all results being discounted when submitted to Power of 10 following the event/competition.
- If an athlete makes a withdrawal from a specific event they entered into (e.g. 100m or shot put), they are not allowed to re-enter that event during that competition.

Results

Results will be posted as soon as possible and will also be recorded in age group.

We will be operating both EDM and Photo Finish at this event and all results will be sent to Power of 10.

Medals

Medals will be awarded at the podium in the lunchbreak after the morning session, starting at 1215, and at the end of the day following the afternoon session, starting at 1615.

For field events we will be using the IPC Athletics Raza points table to provide the final positions in each event. Medals will be awarded in two age groups – Over 16 and Under 16.

For track events medals will be awarded in Gold, Silver and Bronze in each class and for Over 16 and Under 16 age groups.

Please note overseas guests and competitors without a classification will not be eligible for medals.



2018 CP Athletics Series Awards

Awards will be presented at lunchtime and recognise our Athletics Series Senior and Under 20 winners in both track and field.

Senior Athletics Series 2019 Winners

Male Track: Matthew Humphreys

Female Track: Ellie Simpson

Male Field: Robert Allerton

Under 20 Athletics Series 2019 Winners

Male Track: Thomas Talbot

Male Field: Daniel Onyett

The Colin Rains Award for commitment and inspirational endeavour will be awarded at the Cerebral Palsy Sport Awards evening at the University of Nottingham on Sunday 6 October.

Competitors

Age groups are as follows;

A – Under 12 B – Under 14 C – Under 16 D – Under 20 E – 20 years

#	Athlete	Club	M/F	Age Band
11	Cameron Adam	Fife AC	M	C
13	Robert Allerston	Liverpool Harriers	M	E
16	William Baxter	Doncaster AC	M	E
27	Cathy Booth	Chesterfield AC	F	E
28	Mitchel Brown	Lavington Athletics	M	D
47	Anthony Bryan	Herts Pheonix	M	E
54	Eoin Cleare		M	E
60	Brendan Clifford	West Suffolk AC	M	E
62	Orla Conneely	Chesterfield AC	F	D
67	Reece Day		M	E
70	Charlie Denman	Gloucester AC	F	D
71	Leaha Dixon	Doncaster AC	F	E
72	Vincent Forkner	Nene Valley Harriers	M	B
74	Jack Gladman	Stevenage & N Herts AC	M	E
74	Samantha Gray	Gateshead Harriers	F	E
76	Grace Greenwood	Jersey Spartans	F	C
142	Bethan Griffiths	Cheltenham & County Harriers	F	E
77	Leanna Horne	Bromsgrove & Redditch AC	F	E
78	Matthew Humphreys	Charnwood AC	M	E
80	Dylan Keville	North Sheilds Poly	M	E
81	Philippa Mannings	North Somerset	F	E
82	Toby Markham	Newham & Essex Beagles AC	M	E
84	Stephen Miller	Gateshead Harriers	M	E
85	Ellie O'Halloran	Jarrow and Hebburn	F	D
86	Conor O'Hare	Chelmsford AC	M	D

87	Daniel Onyett	City of York AC	M	C
88	Luke Parry	Cambridge & Coleridge	M	E
89	Rachel Partington	Chester le Street	F	E
90	Rosie Porter	Stewartry AC	F	B
91	Rachel Power	West Waterford AC	F	E
92	Kayden Roe	Doncaster AC	M	E
93	William Sheehan	Wales	M	A
94	Ellie Simpson	City of Sheffield & Dearne	F	E
95	Rafi Solaiman	City of Sheffield & Dearne	M	E
96	Kirsty Soutar	Red Star Athletics, Glasgow	F	E
97	Thomas Stamp	South Glos AC	M	D
98	Emily Stewart	Gateshead Harriers	F	E
99	Lyncoln Street	Harlow AC	M	C
100	Thomas Talbot	Lincoln Wellington AC	M	C
102	Stephanie Temple-Rose		F	B
103	Colin van Tricht	The Netherlands	M	C
105	Dave Watson	Birchfield Harriers	M	E
110	Matthew Whitehead	Doncaster AC	M	E
119	Tyrone Williams	Birchfield Harriers	M	E

Photo Consent

If you are wanting to take photos please make sure you register your camera/device at the registration desk, where you will be given a sticker to put on your device and this must be clearly displayed when taking any photos or videos. Please be aware that there are athletes that have NOT given consent so be mindful when you are taking photos.

Any athlete wishing to not have their photo taken will be given a wrist band to wear.

Upcoming dates

Athletics & Swimming Training Camp

Date: Sunday 6th October 2019

Time: 10:30am – 4.15pm

Venue: David Ross Sports Village, University of Nottingham, Nottingham NG7 2RD

More info: <http://www.cpsport.org/events/athletics-swimming-training-camp/>

Cerebral Palsy Sport Annual General Meeting and Sports Awards

Date: Sunday 6th October 2019

Time: 4.30pm – 6:30pm

Venue: David Ross Sports Village, University of Nottingham, Nottingham NG7 2RD

More info: <http://www.cpsport.org/about-us/our-organisation/cerebral-palsy-sports-awards/>

If you wish to find out more about Cerebral Palsy Sport, please visit our website www.cpsport.org

Get involved on Twitter (@CP_Sport), Facebook (@CerebralPalsySport) and Instagram (cp_sport18). Share your good luck messages and reactions on the day using the hashtags #CPCan #Athletics

Have a fantastic day of athletics.

Team Cerebral Palsy Sport



**Thank you for coming along and supporting the
Cerebral Palsy Sport
National Athletics Championships 2019**

Safe journey home



Cerebral Palsy Sport
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