



Cerebral Palsy Sport

Track and Field Programme - 15 June, York 2019

Track					Field				
Event No.	Event	Class	Gender	Event Time	Event No.	Event	Class	Gender	Event Time
T1	60m RaceRunning	RR	F	11:00	F1	Ambulant Shot	All	F	09:30
T2	60m Ambulant	All	F	11:05	F2	Seated Shot	F33	F	10:15
T3	60m Ambulant	All	M	11:10	F3	Long Jump	F37, F38	M	10:30
T4	60m RaceRunning	RR	M	11:15	F4	Seated Discus	F32	M	10:50
T5	100m RaceRunning (Race 1)	All	F	11:20	F5	Ambulant Discus	F35, F36, F37	M	11:05
T6	100m RaceRunning (Race 2)	All	F	11:25	F6	Ambulant Howler	All	F	11:40
T7	100m Ambulant	All	F	11:30	F7	Seated Golf Ball	All	F	11:50
T8	100m RaceRunning (Race 1)	All	M	11:35	F8	Ambulant Discus	F35, F36, F38	F	12:05
T9	100m RaceRunning (Race 2)	All	M	11:40	F9	Seated Discus	F33	F	12:40
T10	100m Ambulant	All	M	11:45	LUNCH				
T11	200m RaceRunning	All	F	11:50	F10	Seated Club	F32	M/F	13:30
T12	200m RaceRunning	All	M	11:55	F11	Seated Javelin	F33	F	14:00
T13	200m Ambulant	All	F	12:05	F12	Ambulant Shot	All	M	14:15
T14	200m Ambulant	All	M	12:10	F13	Seated Javball	All	F	15:15
LUNCH					F14	Seated Shot	F32	M	15:30
T15	400m RaceRunning	All	M	13:30	F15	Ambulant Javelin	F36, F37, F38	M/F	15:45
T16	400m Ambulant	All	M	13:40					
T17	400m Ambulant	All	F	13:50					
T18	400m RaceRunning	All	F	14:00					
T19	800m RaceRunning	All	M	14:10					
T20	1500m RaceRunning	All	M	14:20					